**PERSONAL VALUES**
Card Sort

W. R. Miller, J. C'de Baca, D. B. Matthews, P. L. Wilbourne
University of New Mexico, 2001

<table>
<thead>
<tr>
<th>IMPORTANT TO ME</th>
<th>VERY IMPORTANT TO ME</th>
<th>NOT IMPORTANT TO ME</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ACCEPTANCE</strong></td>
<td>to be accepted as I am</td>
<td></td>
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<tr>
<td>1  9/01</td>
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<tr>
<td><strong>ACCURACY</strong></td>
<td>to be accurate in my opinions and beliefs</td>
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<tr>
<td>2  9/01</td>
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<tr>
<td><strong>ACHIEVEMENT</strong></td>
<td>to have important accomplishments</td>
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<tr>
<td>3  9/01</td>
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<tr>
<td><strong>ADVENTURE</strong></td>
<td>to have new and exciting experiences</td>
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<tr>
<td>4  9/01</td>
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<tr>
<td><strong>ATTRACTIVENESS</strong></td>
<td>to be physically attractive</td>
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<tr>
<td>5  9/01</td>
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<tr>
<td><strong>AUTHORITY</strong></td>
<td>to be in charge of and responsible for others</td>
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<td>6  9/01</td>
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</tbody>
</table>
AUTONOMY

to be self-determined and independent

BEAUTY

to appreciate beauty around me

CARING

to take care of others

CHALLENGE

to take on difficult tasks and problems

COMFORT

to have a pleasant and comfortable life

CHANGE

to have a life full of change and variety

COMMUNICATION

to make enduring, meaningful commitments

COMPASSION

to feel and act on concern for others

CONTRIBUTION

to make a lasting contribution in the world

COOPERATION

to work collaboratively with others
COURTESY  
to be considerate and polite toward others

CREATIVITY  
to have new and original ideas

DEPENDABILITY  
to be reliable and trustworthy

DUTY  
to carry out my duties and obligations

ECOLOGY  
to live in harmony with the environment

EXCITEMENT  
to have a life full of thrills and stimulation

FAITHFULNESS  
to be loyal and true in relationships

FAME  
to be known and recognized

FAMILY  
to have a happy, loving family

FITNESS  
to be physically fit and strong
FLEXIBILITY
to adjust to new circumstances easily

FORGIVENESS
to be forgiving of others

FRIENDSHIP
to have close, supportive friends

FUN
to play and have fun

GENEROSITY
to give what I have to others

GENUINNESS
to act in a manner that is true to who I am

GOD'S WILL
to seek and obey the will of God

GROWTH
to keep changing and growing

HEALTH
to be physically well and healthy

HELPFULNESS
to be helpful to others
HONESTY

to be honest and truthful

HOPE

to maintain a positive and optimistic outlook

HUMILITY

to be modest and unassuming

HUMOR

to see the humorous side of myself and the world

INDEPENDENCE

to be free from dependence on others

INDUSTRY

to work hard and well at my life tasks

INNER PEACE

to experience personal peace

INTIMACY

to share my innermost experiences with others

JUSTICE

to promote fair and equal treatment for all

KNOWLEDGE

to learn and contribute valuable knowledge
LEISURE

to take time to relax and enjoy

LOVED

to be loved by those close to me

47
9/01

48
9/01

LOVING

to give love to others

MASTERY

to be competent in my everyday activities

49
9/01

50
9/01

MINDFULNESS

to live conscious and mindful of the present moment

MODERATION

to avoid excesses and find a middle ground

51
9/01

52
9/01

MONOGAMY

to have one close, loving relationship

NON-CONFORMITY

to question or challenge authority and norms

53
9/01

54
9/01

NURTURANCE

to take care of and nurture others

OPENNESS

to be open to new experiences, ideas, and options

55
9/01

56
9/01
ORDER

to have a life that is well-ordered and organized

PASSION

to have deep feelings about ideas, activities, or people

PLEASURE

to feel good

POPULARITY

to be well-liked by many people

POWER

to have control over others

PURPOSE

to have meaning and direction in my life

RATIONALITY

to be guided by reason and logic

REALISM

to see and act realistically and practically

RESPONSIBILITY

to make and carry out responsible decisions

RISK

to take risks and chances
ROMANCE

to have intense, exciting love in my life

67 9/01

SAFETY

to be safe and secure

68 9/01

SELF-ACCEPTANCE

to accept myself as I am

69 9/01

SELF-CONTROL

to be disciplined in my own actions

70 9/01

SELF-ESTEEM

to feel good about myself

71 9/01

SELF-KNOWLEDGE

to have a deep and honest understanding of myself

72 9/01

SERVICE

to be of service to others

73 9/01

SEXUALITY

to have an active and satisfying sex life

74 9/01

SIMPLICITY

to live life simply, with minimal needs

75 9/01

SOLITUDE

to have time and space where I can be apart from others

76 9/01
SPIRITUALITY

to grow and mature spiritually

77
9/01

STABILITY

to have a life that stays fairly consistent

78
9/01

TOLERANCE

to accept and respect those who differ from me

79
9/01

TRADITION

to follow respected patterns of the past

80
9/01

VIRTUE

to live a morally pure and excellent life

81
9/01

WEALTH

to have plenty of money

82
9/01

WORLD PEACE

to work to promote peace in the world

83
9/01

OTHER VALUE:

OTHER VALUE:

OTHER VALUE: