

Barriers Questionnaire (1.0D)

CSO for Female IP

There are many different reasons why people who use drugs do not seek help. Here are some reasons that people give, as to why they don't seek treatment or other kinds of help. Please indicate how important each of these was **for your significant other** as a reason why she did not seek help. Please **circle** one answer for each reason.

FOR OFFICE USE ONLY	
_____	Study
_____	ID
_____	Point
_____	Date
_____	Raid
BAROSF Constructed 9/25/96 3 Pages	

Was this an important reason why she did not seek help with regard to her drug use?	No, not at all	Somewhat Important	Important	Very Important
1. Her drug use seemed fairly normal to her.	0	1	2	3
2. No one told her she had a problem with drugs or encouraged her to seek help.	0	1	2	3
3. She didn't think she had a serious problem with drugs.	0	1	2	3
4. She thought she could handle it on her own.	0	1	2	3
5. She didn't think of herself as a drug abuser.	0	1	2	3
6. She was concerned about what other people would think of her if she went for help.	0	1	2	3
7. She was too embarrassed or ashamed.	0	1	2	3
8. She thought that her family would be embarrassed.	0	1	2	3
9. She thought her job might be in danger if she went for help.	0	1	2	3
10. She didn't know where to go for help.	0	1	2	3
11. She didn't want to be told to stop using drugs.	0	1	2	3
12. She didn't think it would do any good.	0	1	2	3
13. She couldn't afford to pay for help.	0	1	2	3
14. She had no transportation, no way to get there.	0	1	2	3
15. She needed someone to take care of her children while she was getting help.	0	1	2	3

Was this an important reason why she did not seek help with regard to her drug use?	No, not at all	Somewhat Important	Important	Very Important
16. She didn't have the time.	0	1	2	3
17. She was afraid she'd be put into a hospital.	0	1	2	3
18. She didn't think she needed any help.	0	1	2	3
19. Someone important to her disapproved of her getting help.	0	1	2	3
20. She hates being asked personal questions.	0	1	2	3
21. She was afraid that she would fail, or that it wouldn't help her.	0	1	2	3
22. She thought she was too young to be getting help or treatment.	0	1	2	3
23. She didn't want somebody telling her what to do with her life.	0	1	2	3
24. She has had a bad experience with treatment before.	0	1	2	3
25. Somebody she knows had a bad experience with treatment.	0	1	2	3
26. She was afraid of what might happen in treatment.	0	1	2	3
27. Her drug use wasn't causing any problems as far as she could see.	0	1	2	3
28. She doesn't like to talk in groups.	0	1	2	3
29. She liked using drugs and didn't want to give it up.	0	1	2	3
30. She thought she'd lose her friends if she went for help.	0	1	2	3
31. She was worried about the bad feelings of going through withdrawal from drugs.	0	1	2	3
32. She didn't know how she could live without using drugs.	0	1	2	3
33. She thought that going for help might get her in legal trouble.	0	1	2	3
34. It just seemed like too much trouble to go for help.	0	1	2	3

Was this an important reason why she did not seek help with regard to her drug use?	No, not at all	Somewhat Important	Important	Very Important
35. She liked getting high.	0	1	2	3
36. She couldn't get time off from work.	0	1	2	3
37. Using drugs was a way of life for her.	0	1	2	3
38. Using drugs really had not caused much trouble or problems for her.	0	1	2	3
39. She was afraid of the people she might see.	0	1	2	3
40. Using drugs was not her main problem.	0	1	2	3
41. She didn't feel safe going where she'd have to go for help.	0	1	2	3
42. There seemed to be more good than bad about using drugs for her.	0	1	2	3
43. Other people discouraged her from seeking help.	0	1	2	3
44. She doesn't like to talk about her personal life with other people.	0	1	2	3
45. She thought people would make fun of her.	0	1	2	3
46. She didn't know what would happen to her.	0	1	2	3
47. She didn't want to go to AA, CA, NA, or other twelve-step groups.	0	1	2	3
48. She thought that "help" was for people who had worse problems than hers.	0	1	2	3
49. She had no insurance to pay for it.	0	1	2	3
50. She thought her troubles would just go away without any help.	0	1	2	3

Were there any other important reasons why she did not seek help? If so, please write them here: