

# CASSANDRA L. BONESS

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## ACADEMIC APPOINTMENTS

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2021–Present      **Research Assistant Professor**  
University of New Mexico  
Center on Alcohol, Substance use, And Addictions

## EDUCATION

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2021                      **University of Missouri**  
Ph.D., Clinical Psychology  
Minor in Psychological Statistics and Methods  
Dissertation: *The Etiologic, Theory-Based, Ontogenetic Hierarchical Framework of Alcohol Use Disorder: A Translational Systematic Review of Reviews*

2021                      **Pre-Doctoral Internship**  
University of Pittsburgh, Department of Psychiatry  
Western Psychiatric Institute and Clinic

2015                      **University of Missouri**  
M.A., Clinical Psychology  
Thesis: *An Assessment of DSM-5 Alcohol Use Disorder Severity Grading*

2013                      **Northern Arizona University**  
B.S., Psychology  
Minor in Criminal Justice

## HONORS & AWARDS

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2021                      **Distinguished Dissertation Award in Clinical Psychology** | American Psychological Association, Division 12

2019                      **Graduate Student Excellence Award** | University of Missouri, Department of Psychological Sciences

2019                      **Student Research Fellowship** | American Psychological Association, Division 12, Assessment Section

2018                      **Mark H. Thelen Outstanding Clinical Graduate Student Award** | University of Missouri, Department of Psychological Sciences

2018                      **Travel Award** | University of Missouri, Graduate Professional Council

2016, 2017              **First Place Presentation in Social Sciences (Quantitative)** | University of Missouri, Graduate Professional Council Research and Creative Activities Forum

2015–2021              **Merit Award** | Research Society on Alcoholism

2013	<b>Outstanding Student in Psychology</b>   Northern Arizona University, Department of Psychology
2013	<b>Vicki Green Travel Award Recipient</b>   Northern Arizona University, Department of Psychology
2012	<b>The William Gibson Outstanding Student in Psychology and Public Service Award</b>   Northern Arizona University, Department of Psychology
2012	<b>“Go” Study Abroad Scholarship</b>   Northern Arizona University, Center for International Education
2009–2013	<b>Dean’s List</b>   Northern Arizona University
2009–2013	<b>Full Tuition Scholarship</b>   Arizona Instrument to Measure Standards (AIMS)

## RESEARCH SUPPORT

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### Funded

2017–2020	<p><b>NIAAA F31 Ruth L. Kirschstein National Research Service Award (NRSA)</b>  <u>Title:</u> Initial Development and Validation of a Translational Approach to AUD Definition and Measurement  <u>Role:</u> Principal Investigator  <u>Sponsor:</u> Kenneth J. Sher, Ph.D.  <u>Amount Awarded:</u> \$134,118</p>
2012–2013	<p><b>Henry Hooper Undergraduate Research Award Grant</b>  <u>Title:</u> The Predictors of Problematic Alcohol Use in College Students with Family Positive versus Family Negative Drinking Histories  <u>Role:</u> Principal Investigator  <u>Sponsor:</u> Nora Dunbar, Ph.D.  <u>Amount Awarded:</u> \$3,500</p>

### Submitted

8/2021	<p><b>Society of Clinical Child and Adolescent Psychology (APA Division 53) Child Mental Health in Action Innovation Award</b>  <u>Title:</u> A Pilot Project to Provide Early Career Psychologists with Training in Community Outreach and Disseminating Research in Mental Health  <u>Role:</u> Co-Investigator</p>
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## PEER-REVIEWED PUBLICATIONS

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(in reverse chronological order)

PDFs for available articles can be accessed here.

22. **Boness, C.L.**, Watts, A.L., Moeller, K., & Sher, K.J. (accepted). The Etiologic, Theory-Based, Ontogenetic Hierarchical Framework of Alcohol Use Disorder: A translational systematic review of reviews. *Psychological Bulletin*. [preprint]
21. **Boness, C.L.**, Helle, A.C., & Logan, S. (2021). Crisis line services: A 12-month descriptive evaluation of callers, call content, and referrals. *Health & Social Care in the Community*. [preprint]
20. Watts, A.L., **Boness, C.L.**, Loeffelman, J.E., Steinley, D., & Sher, K.J. (in press). Does crude measurement contribute to observed unidimensionality of psychological constructs? An example with DSM-5 alcohol use disorder. *Journal of Abnormal Psychology*. [preprint]

19. Galán, C.A, Bekele, B.M., **Boness, C.L.**, ... & Yilmaz, B. (2021). A call to action for an antiracist clinical science. *Journal of Clinical Child and Adolescent Psychology*. [preprint]
18. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (in press). College students' receptiveness to intervention approaches for alcohol and cannabis use. *Psychology of Addictive Behaviors*. [preprint]
17. Brown, C.E., **Boness, C.L.**, & Sheerin, K. (2021). Supporting students in Health Service Psychology training: A theory-driven approach to meeting the diverse needs of trainees. *Training and Education in Professional Psychology*. [PDF; infographic]
16. Hua, J.P.Y., Sher, K.J., **Boness, C.L.**, Trela, C.J., McDowell, Y.E., Merrill, A.M., Piasecki, T.M., & Kerns, J.G. (2020). Prospective study examining effects of extreme drinking on brain structure in emerging adults. *Alcoholism: Clinical and Experimental Research*. [PDF]
15. **Boness, C.L.**, Hershenberg, R., Kaye, J., Mackintosh, M., Grasso, D., Noser, A., & Raffa, S.D. (2020). An evaluation of Cognitive Behavioral Therapy for Insomnia: Application of Tolin's criteria for empirically supported treatments. *Clinical Psychology: Science and Practice*. [PDF]
14. **Boness, C.L.**, & Sher, K.J. (2020). The case for cognitive interviewing in survey item validation: A useful approach for improving the measurement and assessment of substance use disorders. *Journal of Studies on Alcohol and Drugs*, 81(4), 401-404. [PDF]
13. Hua, J.P.Y., Piasecki, T.M., McDowell, Y.E., **Boness, C.L.**, Trela, C.J., Merrill, A.M., Sher, K.J., & Kerns, J.G. (2020). Alcohol use in young adults associated with cortical gyrification. *Drug and Alcohol Dependence*. [PDF]
12. **Boness, C.L.**, Stevens, J.E., Steinley, J., Trull, T., & Sher, K.J. (2020). Using complete enumeration to derive "one-size-fits-all" versus "subgroup-specific" diagnostic rules for substance use disorder. *Assessment*. [PDF]
11. Loeffelmann, J.E., Steinley, D., **Boness, C.L.**, Trull, T., Wood, P. & Sher, K.J. (2020). Combinatorial optimization of classification decisions: An application to refine psychiatric diagnoses. *Multivariate Behavioral Research*. [PDF]
10. Younggren, J.N., **Boness, C.L.**, Bryant, L., & Koocher, G. (2019). Emotional support animal assessments: Toward a standard and comprehensive model for mental health professionals. *Professional Psychology: Research and Practice*, 51(2), 156-162. PMID: PMC5127627 [PDF]
9. Conlin, W., & **Boness, C.L.** (2019). Ethical considerations for addressing distorted beliefs in psychotherapy. *Psychotherapy*, 56(4), 449-458. PMID: PMC6901722 [PDF]
8. **Boness, C.L.**, Lane, S.P., & Sher, K.J. (2019). Not all alcohol use disorder criteria are equally severe: Towards severity grading of individual criteria. *Psychology of Addictive Behaviors*, 33(1), 35-49. PMID: PMC6494471 [PDF]
7. Stevens, J.E., Steinley, D., McDowell, Y.E., **Boness, C.L.**, Trull, T., Martin, C.S., & Sher, K.J. (2019). Toward more efficient diagnostic criteria sets and rules: The use of optimization approaches in addiction science. *Addictive Behaviors*. PMID: PMC6544486 [PDF]
6. **Boness, C.L.**, Stevens, J.E., Steinley, D., Trull, T., & Sher, K.J. (2018). Deriving alternative criteria sets for alcohol use disorders using statistical optimization: Results from the National Survey on Drug Use and Health. *Experimental and Clinical Psychopharmacology*, 27(3), 283-296. PMID: PMC6538450 [PDF]
5. **Boness, C.L.**, Younggren, J.N., & Frumkin, B. (2017). The certification of emotional support animals: Differences between clinical and forensic practitioners. *Professional Psychology: Research and Practice*, 48, 216-223. [PDF]

4. Lee, M.R., **Boness, C.L.**, McDowell, Y.E., Vergés, A., Steinley, D.L., & Sher, K.J. (2017). Desistance and severity of alcohol use disorder: A lifespan-developmental analysis. *Clinical Psychological Science*, 6, 90-105. PMID: PMC5766269 [PDF]
3. **Boness, C.L.**, Lane, S.P., & Sher, K.J. (2016). Assessment of withdrawal and hangover are confounded in the Alcohol Use Disorder and Associated Disabilities Interview Schedule: Withdrawal prevalence is likely inflated. *Alcoholism: Clinical and Experimental Research*, 40, 1691-1699. PMID: PMC4961561 [PDF]
2. Younggren, J.N., Boisvert, J.A., & **Boness, C.** (2016). Examining emotional support animals and role conflicts in professional psychology. *Professional Psychology: Research and Practice*, 47, 255-260. PMID: PMC5127627 [PDF]
1. **Boness, C. L.** (2015). Treatment of Deaf clients: Ethical considerations for professionals in psychology. *Ethics & Behavior*, 26, 562-585. PMID: PMC5127625 [PDF]

## MANUSCRIPTS UNDER REVIEW

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1. **Boness, C.L.**, Nelson, M., & Douaihy, A.B. (revise & resubmit). Motivational interviewing strategies for addressing COVID-19 vaccine hesitancy. [preprint]
2. **Boness, C.L.**, Helle, A.C., Miller, M.B, Wolf, M.G., & Sher, K.J. (revise & resubmit). Who Opts in to alcohol deedback and how does that impact behavior? A pilot trial. [preprint]
3. **Boness, C.L.**, Votaw, V.R., Watts, A.L., Francis, M., Kleva, C.S., Sperry, S.H., Douaihy, A.B., Witkiewitz, K., & Sher, K.J. (under review). Alcohol use disorder diagnostic criteria in a historical context. [preprint]
4. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (under review). College student perspectives on alcohol- and cannabis-focused interventions: Examining receptiveness to treatment type among students that use both substances.
5. Hoffman, B.L., **Boness, C.L.**, Chu, K., Wolynn, R., Sallowicz, L., Mintas, D., Douaihy, A.B., Felter, E.M., & Sidani, J.E. (submitted). COVID-19 vaccine hesitancy, acceptance, and promotion among healthcare workers: A mixed-methods analysis.
6. Hua, J.P.Y., de Lange, S.C., van den Heuvel, M.P., **Boness, C.L.**, Trela, C.J., McDowell, Y.E., Merrill, A.M., Piasecki, T.M., Sher, K.J., & Kerns, J.G. (under review). Rich-club connectivity and connectome network organization associations with alcohol use in emerging adults.
7. Paulus, D.J., Kraft, L.S., **Boness, C.L.**, Hasler, B.P., & Pedersen, S.L. (under review). Examining associations of anxiety, depression, and drinking to cope with alcohol consumption and problems before and during the COVID-19 pandemic.

## BOOK CHAPTERS

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2. Younggren, J.N., Gottlieb, M., & **Boness, C.L.** (2019). Forensic consultation. In E. Shafranske & C. Falender (Eds.), *Consultation in Health Service Psychology: A Competency-Based Approach*.
1. Haeny, A.M., **Boness, C.L.**, McDowell, Y.E., & Sher, K.J. (2018). Alcohol use disorder. In J. Hunsley & E. J. Mash (Eds.), *A Guide to Assessments That Work* (2nd ed.).

## OTHER PUBLICATIONS

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5. **Boness, C.L.**, Hershenberg, R., Grasso, D., Kaye, J., Mackintosh, M., Nason, E., ... Raffa, S. (2021, April 2). The Society of Clinical Psychology's manual for the evaluation of psychological treatments using the Tolin Criteria. Retrieved from [osf.io/8hcsz](https://osf.io/8hcsz)
4. **Boness, C.L.** & Sher, K.J. (2020). Clinical translation: How should clinicians proceed in light of findings that alcohol use disorder diagnostic criteria and assessment instruments may suffer from important shortcomings? *American Psychological Association's Society of Addiction Psychology (Division 50 SoAP Box) Fall Newsletter*. Retrieved from <https://www.addictionpsychology.org/soap-box/2020/fall/clinical-translation-how-should-clinicians-proceed-light-findings-alcohol-use>
3. **Boness, C.L.** (2017). Ethical issues in the use of interpreters with Deaf clients. *Journal of Health Service Psychology*.
2. **Boness, C.L.** (2017). Deaf or Hard-of-Hearing clients require special ethical consideration. *The National Psychologist*. Retrieved from <http://nationalpsychologist.com/2017/11/deaf-or-hard-of-hearing-clients-require-special-ethical-consideration/104136.html>
1. **Boness, C.L.**, & Younggren, J.N. (2016). Who let that doggie on the airplane? *The National Psychologist*, 25(1). Retrieved from <http://nationalpsychologist.com/2016/01/who-let-that-doggie-on-the-airplane/103124.html>

## SCIENTIFIC & CLINICAL CONSULTATION

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### **Program Development**

2/2021 – 2/2021

**James J. Peters Department of Veterans Affairs Medical Center**

Provided consultation on the development of a single-session group intervention for veterans with vaccine hesitancy.

### **Psychological Assessment and Psychometric Consultation**

12/2018 – 3/2020

**Tschetter Hamrick Sulzer Law Firm, Denver, Colorado**

Provided consultation on Emotional Support Animal assessments, including the psychometric properties of the instruments utilized, and relevant standards of professional psychology.

### **Program Development**

5/2018

**Redemption's Hill Church, Missouri**

Developed an evidence-based suicide risk assessment and thorough triage protocol based on risk level.

## EDITORIAL ACTIVITIES

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Record of editorial activities can be found on Publons

### **Ad Hoc Reviewing**

*Addiction*

*Addictive Behaviors*

*Alcoholism: Clinical and Experimental Research*

*American Psychologist*

*Assessment*

*Canadian Journal of Addiction*

*Clinical Psychological Science*

*Experimental and Clinical  
Psychopharmacology  
Journal of Public Health  
Journal of Sleep Research  
Professional Psychology: Research and  
Practice  
Psychology of Addictive Behaviors*

*Substance Abuse Treatment,  
Prevention, and Policy  
The American Journal of Drug & Alcohol  
Abuse  
Training and Education in Professional  
Psychology*

## CONFERENCE PRESENTATIONS

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† denotes supervisees/student mentees

33. Call, C.C., **Boness, C.L.**, Wang, B., Conlon, R.K., Donofry, S.D., & Levine, M.D. (2021, October). *Thinking critically about race data in perinatal research: An example with loss of control eating*. Poster presentation at the Annual Conference of the Marcé of North America (MONA).
32. Galán, C.A., **Boness, C.L.**, Call, C., Tung, I., Bowdring, M., Sequeria, S.L, Moses, J., Mendes, S.H., Bekele, B.M. (2021, June). *Practical strategies to reducing racial disparities in mental health access and outcomes in prevention science*. Pre-conference workshop at Society for Prevention Research.
31. Sheehan, H., **Boness, C.L.**, Pedersen, S.L., Hasler, B.P., & Lindstrom, R. (2021, June). *Acute alcohol consumption's effects on subsequent same day sleep characteristics: A multi-method examination*. Poster presentation at Research Society on Alcoholism.
30. **Boness, C.L.**, Hasler, B.P., †Sheehan, H., & Pedersen, S.L. (2021, June). *How are sleep and circadian characteristics related to alcohol use disorder and related problems? An item- and problem-level examination*. Poster presentation at Research Society on Alcoholism.
29. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (2021, June). *Receptiveness to substance-specific prevention and treatment approaches among college students who co-use alcohol and cannabis*. Poster presentation at Research Society on Alcoholism.
28. Hua, J.P.Y., van den Heuvel, M.P., de Lange, S.C., **Boness, C.L.**, Trela, C.J., McDowell, Y.E., Merrill, A.M., Piasecki, T.M., Sher, K.J., & Kerns, J.G. (2021, June). *Rich-club connectivity and connectome network organization associations with alcohol use in emerging adults*. Poster presentation at Research Society on Alcoholism.
27. **Boness, C.L.** (2021, April). *Are substance use disorder criteria created equally? A consideration of item-level heterogeneity in severities*. Symposia accepted at Collaborative Perspectives on Addiction (virtual). [Abstract]
26. †Gatten, N., †Treece, M., Miller, M.B., & **Boness, C.L.** (2021, March). *Using cognitive interviewing to improve the measurement & assessment of alcohol-induced blackouts*. Poster presentation at Collaborative Perspectives on Addiction. [PDF]
25. Galán, C.A., Tung, I., Call, C., **Boness, C.L.**, Bowdring, M., McPhee, J., Savell, S.M. (2021, August). *Anti-racist approaches to ensuring the retention, success, and belongingness of BIPOC graduate students in psychology programs*. Paper presentation at American Psychological Association (APA) Conference (virtual).
24. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (2020, October). *College students' receptiveness to on- and off-campus prevention and intervention approaches for risky alcohol and cannabis use*. Poster presentation at the Addiction Health Services Research Conference (virtual). [PDF]

23. †Gatten, N., †Treece, M., & **Boness, C.L.** (2020, July). *Cognitive control as a mechanism in alcohol use disorder: A translational systematic review of reviews*. Poster presentation at the University of Missouri's Summer Undergraduate Research & Creative Achievements Forum, Columbia, Missouri. [PDF]
22. **Boness, C.L.** (2020, June). *What does it mean? An application of cognitive interviewing to improve the validity of alcohol use disorder assessment items*. Poster presentation at Research Society on Alcoholism, New Orleans, LA (conference cancelled). Abstracted in: *Alcoholism: Clinical and Experimental Research*, 44, June 2020 supplemental issue. [PDF]
21. **Boness, C.L.** (2020, May). *Who let that dog on the airplane? Emotional support animals and the role of mental health professionals*. Invited presentation at Missouri Psychological Association Conference, St. Louis, MO (conference cancelled).
20. **Boness, C.L.** (2020, April). *Are substance use disorder criteria created equally? A consideration of item-level heterogeneity in severities*. Symposia accepted at Collaborative Perspectives on Addiction, San Diego, CA (conference cancelled). [Abstract]
19. **Boness, C.L.** (2020, April). *A translational framework of alcohol use disorder definition: A systematic review of reviews*. Poster accepted at Collaborative Perspectives on Addiction, San Diego, CA (virtual). [PDF]
18. **Boness, C.L.**, & Sher, K.J. (2019, June). *Does the optimal alcohol use disorder diagnostic rule vary by demographic subgroup? An application of permutation-based statistical optimization*. Poster Presentation at Research Society on Alcoholism, Minneapolis, MN. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 43, June 2019 supplemental issue. [PDF]
17. **Boness, C.L.** (2018, March). *The use of a principled, data-driven empirical approach to deriving alcohol use disorder diagnosis*. Poster presentation at Collaborative Perspectives on Addiction, Tampa, FL.
16. **Boness, C.L.** (2018, June). *Towards refinement of alcohol use disorder severity grading*. Poster Presentation at Research Society on Alcoholism, San Diego, CA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 42, June 2018 supplemental issue. [PDF]
15. **Boness, C.L.**, & Sher, K.J. (2017). *Statistical optimization of alcohol use disorder criteria using the National Survey on Drug Use and Health*. Poster presentation at Research Society on Alcoholism, Denver, CO. *Alcoholism: Clinical and Experimental Research*, 11, June 2017 supplemental issue.
14. **Boness, C.L.** (2017, March). *Statistical optimization of alcohol use disorder criteria using the National Survey on Drug Use and Health*. Paper presentation at The University of Missouri's Graduate Professional Council's Research and Creative Activities Forum, Columbia, MO.
13. **Boness, C.L.**, Lane, S.P., & K.J. Sher. (2016, March). *Assessment of withdrawal and hangover are confounded in the AUDADIS: Potential cause of overdiagnosis*. Paper presentation at The University of Missouri's Graduate Professional Council's Research and Creative Activities Forum, Columbia, MO.
12. **Boness, C.L.**, Korucuoglu, O., Merrill, A.M., McDowell, Y.E., Trela, C.J., Piasecki, T.M., Sher, K.J., & Kerns, J.G. (2016, June). *The impact of 21<sup>st</sup> birthday drinking on the corpus callosum*. Poster presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.
11. Korucuoglu, O., Sher, K.J., Merrill, A.M., **Boness, C.L.**, McDowell, Y.E., Trela, C.J., Piasecki, T.M., & Kerns, J.G. (2016, June). *Alterations in resting state networks associated with high-risk bingeing: 21st birthday study*. Poster presentation at Research Society on Alcoholism, New

Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.

10. Lee, M.R., **Boness, C.L.**, McDowell, Y.E., Vergés, A., Steinley, D.L., & Sher, K.J. (2016, June). *Developmental variability in problem-drinking desistance: is young adulthood a unique period for desistance from severe drinking alcohol use disorder?* Poster presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.
9. **Boness, C.L.**, & K.J. Sher. (2015, June). *Item stem effects in assessing withdrawal.* Poster presentation at Research Society on Alcoholism, San Antonio, TX. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 39, May 2015 supplemental issue.
8. Trela, C.J., McDowell, Y.E., Merrill, A.M., **Boness, C.L.**, Piasecki, T.M., Sher, K.J., & Kerns, J.G. (2015, June). *Hangover symptoms are associated with performance on a long-term memory task but not working memory task following extreme drinking on 21st birthday.* Poster presentation at Research Society on Alcoholism, San Antonio, TX. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 39, May 2015 supplemental issue.
7. **Marshall, C.L.**, & K.J. Sher. (2014). *Improving upon the current DSM-5 criterion count algorithm in the evaluation of the severity of alcohol use disorders.* Poster presentation at Research Society on Alcoholism, Bellevue, WA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 38, June 2014 supplemental issue.
6. **Marshall, C.L.** (2013). *A comparison of the predictors of problematic alcohol use in family history positive and family history negative college students.* Poster presentation at Rocky Mountain Psychological Association, Denver, CO.
5. Hacker, M.Q., Smith, C.J., Perks, C., Yetterdahl, A., Feinberg, A., **Marshall, C.**, Soliz, K., Verville, M., & Murphy, J. (2013). *Depleted uranium and reproduction.* Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
4. Hacker, M.Q., Smith, C. J., Perks, J., Yetterdahl, A., Feinberg, A., **Marshall, C.**, Soliz, C., Vermille, M., & Murphy, J. (2013). *Perinatal exposure to depleted uranium and basal ganglia alterations in rodent brain ACh/AChE levels.* Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
3. †Mix, A., **Marshall, C.**, †Denevi, C., & Dunbar, N. (2013). *Alcohol consumption among college students: A look into age and drinking expectancies to predict drinking behaviors.* Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
2. †Padilla, C., **Marshall, C.**, †Guglielmi, K., & Dunbar, N. (2013). *Everyone else is doing it: An examination of the motives behind binge drinking behavior among Greek-letter and non-Greek-letter students.* Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
1. **Marshall, C. L.**, Honani, T., Ellard, A., & Hurt, G. (2011). *Effects of perceived teacher demographics on student's satisfaction with course.* Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.



## RESEARCH EXPERIENCE

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- 8/2017–8/2020      **Principal Investigator**  
Initial Development and Validation of a Translational Approach to AUD Definition and Measurement (F31AA026177 to Cassandra L. Boness), University of Missouri  
*Advisor:* Kenneth J. Sher, Ph.D.
- 6/2016–6/2018      **Graduate Research Assistant**  
Refining the Diagnosis of Alcohol Use Disorder: A Comprehensive Approach (R01AA024133 to Kenneth J. Sher), University of Missouri  
*Advisor:* Kenneth J. Sher, Ph.D.
- 6/2014–6/2016      **National Institute on Alcohol Abuse and Alcoholism Training Grant Trainee & Research Assistant**  
University of Missouri Alcohol Training Grant (T32AA013526 to Kenneth J. Sher)  
*Advisor:* Kenneth J. Sher, Ph.D.
- 8/2013–Present      **Graduate Research Assistant**  
Alcohol, Health, and Behavior Lab, University of Missouri  
*Advisor:* Kenneth J. Sher, Ph.D.
- 8/2012–5/2013      **Principal Investigator**  
The Predictors of Problematic Alcohol Use in College Students with Family Positive versus Family Negative Drinking Histories, Northern Arizona University  
*Advisor:* Nora Dunbar, Ph.D.
- 8/2010–5/2012      **Undergraduate Research Assistant**  
Northern Arizona University  
*Advisor:* Constance J. Smith, Ph.D.

## SPECIALIZED STATISTICS AND METHODOLOGY TRAINING

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- 7/2019      **Inspiring Change: Creating Impact with Evidence-Based Implementation**  
The Center for Implementation, Online Webinar  
*Trainer:* Julia E. Moore, PhD
- 9/2018      **Cognitive Interviewing: A Hands-On Approach**  
The Odum Institute, University of North Carolina, Chapel Hill, North Carolina  
*Trainer:* Gordon Willis, Ph.D.
- 3/2018      **Quantitative Methods for Addiction Psychology**  
Collaborative Perspectives on Addiction Conference, Tampa, Florida  
*Trainer:* Katie Witkiewitz, Ph.D.

## CLINICAL EXPERIENCE

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- 12/2020–6/2021 **Inpatient Dual Diagnosis Therapist**  
*University of Pittsburgh Medical Center, Western Psychiatric Hospital, Pittsburgh, Pennsylvania*  
Supervisor: Antoine Douaihy, M.D.
- 8/2019–3/2020 **Strategies Targeting Alcohol Responsibility (STAR) Therapist**  
*University of Missouri Psychological Services Clinic, Columbia, Missouri*  
Supervisor: Susan O'Neill, Ph.D.
- 8/2017–8/2020 **Deaf Crisis Line Interventionist**  
*National Videophone Crisis Hotline, Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri*  
Supervisor: Stephanie Logan, Ph.D.
- 8/2016–8/2019 **Psychotherapist Intern**  
*Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri*  
Supervisor: Stephanie Logan, Ph.D.
- 5/2015–8/2016 **Dialectical Behavior Therapy (DBT) Therapist**  
*University of Missouri Psychological Services Clinic, Columbia, Missouri*  
Supervisors: Tim Trull, Ph.D. (May 2015-August 2015; May 2016-August 2016), Susan O'Neill, Ph.D. (August 2015-January 2016), and Jeremy B. Skinner (January 2016-May 2016)
- 8/2014–8/2020 **Individual Psychotherapist**  
*University of Missouri Psychological Services Clinic, Columbia, Missouri*  
Supervisors: Tim Trull, Ph.D. (May 2015-August 2015; May 2016-August 2016), Susan O'Neill, Ph.D. (August 2015-January 2016), and Jeremy B. Skinner (January 2016-May 2016)
- Assessing Clinician**  
*University of Missouri Psychological Services Clinic, Columbia, Missouri*  
Supervisor: Erika Waller, Ph.D.
- 1/2012–5/2012 **Community Living Services Intern**  
*The Guidance Center, Flagstaff, AZ*  
Supervisors: Michelle Martin and Kelly Lalan

## SPECIALIZED CLINICAL TRAINING

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- 4/2021 **Decolonizing Psychology Training Conference**  
*Teachers College, Columbia University*  
Trainers: Carol Falender, Ph.D., Celeste Malone, Ph.D., Jasmine Mena, Ph.D., and Amanda Sullivan, Ph.D.
- 5/2019 **Suicide Assessment and Risk Determination: Use of the Columbia Suicide Severity Rating Scale**

University of Missouri Psychological Services Clinic, Columbia, Missouri  
*Trainer:* Nan R. Presser, Ph.D.

- 8/2018 **Evidence-Based Treatment of Borderline Personality Disorder: Clinical and Ethical Considerations**  
American Psychological Association Convention, San Francisco, California  
*Trainer:* Kenneth N. Levy, Ph.D.
- 4/2018 **Motivational Enhancement Strategies for Building and Maintaining Treatment Engagement**  
*Center for Evidence-Based Youth Mental Health and Family Access Center of Excellence of Boone County*  
Burrell Behavioral Health, Columbia, Missouri  
*Trainer:* Keith C. Herman, Ph.D.
- 3/2017 **Caring for Transgender and Gender Expansive Individuals**  
*Transgender Health Network*  
University of Missouri, Columbia, Missouri  
*Trainers:* David Tager, Ph.D., Jessica Semler, Ph.D., Kerri Schafer, Ph.D., Kimberly Conde, Psy.D., Kurt DeBord, Ph.D., and Susan Pereira, M.D.
- 6/2016 **Crisis Intervention Training**  
Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri  
*Trainers:* Stephanie Logan, Ph.D., Wendy Savley, and Megan Steen
- 10/2015 **Making DBT Work in Our Communities**  
Longview Community College, Lee's Summit, Missouri  
*Trainer:* Dr. Ronda Reitz
- 10/2014 **Group Cognitive Behavioral Therapy for Addictive Behaviors Workshop**  
University of Missouri, Columbia, Missouri  
*Trainer:* Dr. Bruce Liese
- 5/2015, 11/2016 **Safe Space Training**  
*LGBTQ Resource Center*  
University of Missouri, Columbia, Missouri  
*Trainer:* Sean Olmstead, Coordinator of University of Missouri LGBTQ Resource Center

## PROFESSIONAL SERVICE AND COMMITTEE MEMBERSHIP

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- 9/2020–8/2021 **Intern Representative** | Diversity, Inclusivity, Cultural Humility, and Equity (DICE) Committee, University of Pittsburgh, Department of Psychiatry
- 8/2020–8/2021 **Student Representative** | Section IX (Assessment of Psychology), American Psychological Association, Division 12
- 6/2020–Present **Leadership Team Member** | Scholars for Elevating Equity and Diversity (SEED)
- 4/2018–Present **Student Member** | Science and Practice Committee, American Psychological Association, Division 12 (Society for Clinical Psychology)

8/2017–8/2018	<b>Member</b>   Committee for Diversity and Inclusion, University of Missouri, Department of Psychological Sciences
5/2015–12/2016	<b>Member</b>   Wellness Resource Committee, University of Missouri, Department of Psychological Sciences
5/2015	<b>Judge</b>   Spring Undergraduate Research and Creative Achievements Forum, University of Missouri
12/2014–12/2016	<b>Founding Co-Chair</b>   Special Interest Group for Teaching in Clinical Psychology, American Psychological Association Division 12 (Society for Clinical Psychology)
8/2014–9/2015	<b>Treasurer</b>   Graduate Association for Psychology Students, University of Missouri
6/2014–12/2016	<b>Member</b>   Publication/Website Committee, American Psychological Association Division 12 (Society for Clinical Psychology), Section 10 (Graduate students and Early Career Psychologists)
8/2011–5/2012	<b>Chapter President</b>   Psychology Club and Psi Chi National Honors Society, Northern Arizona University

## TEACHING EXPERIENCE

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Teaching evaluations can be found here.

### Teaching

*Department of Educational, School, and Counseling Psychology (ESC\_PS), University of Missouri, Columbia, MO*

Multicultural Issues in Counseling, Invited Lab Instructor (Supervisor: Dr. Lisa Flores)      Fall 2017

Multicultural Issues in Counseling, Invited Lab Instructor (Supervisor: Dr. Shannon McClain)      Fall 2018

### Guest Lectures

*Informatics Institute, University of Missouri, Columbia, MO*

Research Methods (Instructor: Dr. Chi-Ren Shyu)      4/2019

*Department of Animal Sciences, University of Missouri, Columbia, MO*

Companion Animals (Instructor: Dr. Rocio Rivera)      2/2018, 2/2019, 2/2020, 2/2021

*Department of Psychological Sciences, University of Missouri, Columbia, MO*

Health Psychology (Instructor: Amy Underwood, M.A.)      9/2018

Ethics/Professional Issues 2 (Instructor: Dr. Nan Presser)      9/2016

The Science of Mindfulness and Contemplative Practices (Instructor: Dr. Ann Bettencourt)      9/2016

Abnormal Psychology (Instructor: Dr. Tim Trull)      9/2016

General Psychology (Instructor: Dr. Ian Zimmerman)      11/2013

*Department of Psychiatry, University of Pittsburgh, Pittsburgh, PA*

Motivational Interviewing in Behavioral Medicine      2/2021

### Teaching Assistantships

*Department of Psychological Sciences, University of Missouri, Columbia, MO*

General Psychology (Instructor: Dr. Ian Zimmerman)      Fall 2013

Human Relationships Capstone (Instructor: Dr. Melanie Sheldon)      Spring 2014

### Supplemental Instructor

*Northern Arizona University, Flagstaff, AZ*

Developmental Psychology (Instructor: Dr. Nora Dunbar)      Spring 2011, Fall 2011

**COMMUNITY OUTREACH**

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**Presentations**

- 5/2021 *Dismantling Stigma Around Psychiatric and Addictive Disorders*  
MidAtlantic AIDS Education and Training Center, University of Pittsburgh,  
Graduate School of Public Health, Department of Infectious Diseases and  
Microbiology, Nationwide Webinar  
Co-presenter: Antoine Douaihy, MD
- 4/2021 *Intersection of Public Health and Motivational Interviewing during COVID-19*  
MidAtlantic AIDS Education and Training Center, University of Pittsburgh,  
Graduate School of Public Health, Department of Infectious Diseases and  
Microbiology, Nationwide Webinar  
Co-presenter: Antoine Douaihy, MD
- 9/2019 *Who Let That Dog on the Airplane? Emotional Support Animals and the Role of  
Mental Health Professionals* (Invited)  
Grand Rounds, University of New Mexico, Health Sciences Center, Department  
of Psychiatry, Albuquerque, New Mexico
- 10/2018 *Emotional Support Animals and the Role of Mental Health Professionals* (Invited)  
Cohen Veteran's Network, Nationwide Webinar
- 6/2018 *HELP! Emotions and Therapy Workshop* (Invited)  
Teen Institute, Leadership through Education and Advocacy for the Deaf (LEAD)  
Institute, Steeleville, Missouri
- 3/2017 *Role Conflicts and Emotional Support Animal Certifications* (Invited)  
Grand Rounds, University of Missouri Medical School, Department of Psychiatry,  
Columbia, MO
- 10/2016 *Working with Deaf Clients: Treatment and Ethical Issues* (Invited)  
University of Missouri, Department of Psychological Sciences, Columbia, MO
- 11/2015, 11/2016 *Substance Misuse and Co-Occurring Disorders* (Invited)  
Crisis Intervention Team Training, Boone County Sherriff's Department,  
Columbia, MO

**Selected Media Coverage***(click title to access)*

- **University of Pittsburgh Medical Center's Western Psychiatric Hospital Psychiatry Advances Podcast** (May 2021). Role of motivational Interviewing and in COVID-19 vaccine hesitancy.
- **The Addiction Psychologist Podcast** (November 2020). Cassie Boness - Diagnostic Issues in Alcohol Use Disorder.
- **The Guardian** (August 2019). The Number of Fake Emotional Support Dogs is Exploding – Why?
- **The New York Times** (May 2018). Is That Dog (or Pig) on Your Flight Really a Service Animal?

- **KOMU** (July 2017). MU Study Shows Emotional Support Animal Certification May Need to Change.
- **Futurity** (May 2017). Are There Better Ways to Certify Emotional Support Animals?
- **American Psychological Association's Monitor on Psychology** (September 2016). Is That a Pet or Therapeutic Aid?

## MENTORING TRAINING

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2015                      **Entering Mentoring 8-Week Workshop**  
 MU-HHMI C<sup>3</sup> Program  
*University of Missouri, Columbia, Missouri*  
*Trainer: Dr. Linda Blockus*

## UNDERGRADUATE RESEARCH MENTORING

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Reviews from past mentees can be found here.

- **McKenna Treece** (2019–2020). Masters student in Counseling at University of Missouri Kansas City.
- **Sydney Rapp** (2018–2020). Undergraduate at the University of Missouri with anticipated graduation of December 2020.
- **Natalie Gatten** (2018–2020). Undergraduate at the University of Missouri.
- **Dafne Huacuz** (2019–2020). Masters student in Industrial Organizational Psychology at Texas A&M University.
- **Adam Arand** (2019–2020). Undergraduate at the University of Missouri.
- **Chelsea Basore** (2020–2020). Bachelor's degree in Business from the University of Missouri. Planning to pursue graduate studies in Industrial/Organizational psychology.
- **Stella Peters** (2018–2020). Undergraduate at the University of Missouri. Anticipated graduation May 2021 with bachelor's degrees in Psychology and English.
- **Tsoi Tran** (2019). Undergraduate at the University of Missouri.
- **Jordan Petronella** (2019). Undergraduate at the University of Missouri.
- **Jennifer Gray** (2018). Bachelor's degree from the University of Missouri. Beginning Masters of Social Work program at the University of Missouri Kansas City in Fall 2020.
- **Jack Waddell** (2017–2018). Clinical Psychology PhD student at Arizona State University.
- **Ariel (Shifter) Zhu** (2014–2015). Masters in Health Services Administration from the University of Kansas Medical Center currently working as an Administrative Fellow at Children's Hospital, Colorado.
- **Taylor Green** (2014). Last known position was at Fulton State Hospital in Fulton, MO as a Forensic Rehabilitation Specialist.
- **Alicia Dunajcik** (2014). Pursuing a Masters of Public Health in Epidemiology.
- **Yifang Zeng** (2014). Current position unknown.

## LANGUAGES

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| ▪ <b>American Sign Language</b><br><i>Professional Working Proficiency</i> | ▪ <b>English</b><br><i>Native speaker</i> |
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## PROFESSIONAL AFFILIATIONS

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American Psychological Association, Member

American Psychological Association, Division 12 (Society of Clinical Psychology) Member

American Psychological Association, Division 12, Section IX (Assessment of Psychology) Member

American Psychological Association, Division 50 (Addictions) Member

Association for Psychological Science, Member

Research Society on Alcoholism, Member