## Twelve-Step Participation Questionnaire (TSPQ-2F)

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Questions 1-10 apply to you DURING THE LAST 90 DAYS. To answer each one, circle 0 to indicate NO or circle 1 to indicate YES. If a question does not apply to you, circle zero (0).

| DURING THE LAST 90 DAYS: | NO | YES |
| :---: | :---: | :---: |
| 1. Have you attended any 12-Step meetings (for example, AA, NA, CA, ACoA, or AlAnon)? | 0 | 1 |
| 2. HOW MANY 12-Step meetings have you attended in the past 90 days? <br> How many AA meetings in the past 90 days? <br> How many Al-Anon meetings in the past 90 days? <br> How many other 12-Step meetings (other than AA and Al -Anon) in the past 90 days? | AA <br> Al-Anon <br> Other | _ |
| 3. Have you considered yourself to be a member of a 12-Step group in the past 90 days? | 0 | 1 |
| 4. Have you been to more than five 12-Step meetings in any one week in the past 90 days? | 0 | 1 |
| 5. Have you celebrated a 12-Step birthday in the past 90 days? | 0 | 1 |
| 6. Have you had a 12-Step sponsor in the past 90 days? | 0 | 1 |
| 7. Have you been a 12-Step sponsor in the past 90 days? | 0 | 1 |
| 8. Have you read 12-Step literature (for example, books, pamphlets, etc.) in the past 90 days? | 0 | 1 |
| 9. Have you called a 12-Step member for help in the past 90 days? | 0 | 1 |
| 10. Have you had a spiritual awakening in the past 90 days? | 0 | 1 |

Please continue on the next page

Which of the Twelve Steps have you worked DURING THE LAST 90 DAYS?
Check ALL the steps that you have worked DURING THE LAST 90 DAYS.
0. I have never worked any of the Twelve Steps

1. I have worked the First Step
2. I have worked the Second Step
3. I have worked the Third Step
4. I have worked the Fourth Step
5. I have worked the Fifth Step
6. I have worked the Sixth Step
7. I have worked the Seventh Step
8. I have worked the Eighth Step
9. I have worked the Ninth Step
10. I have worked the Tenth Step
11. I have worked the Eleventh Step
12. I have worked the Twelfth Step
