

## Personal Questionnaire (SOCRATES 7A-SO-M)

**INSTRUCTIONS:** Please read the following statements carefully. Each one describes a way that you might (or might not) feel about your loved one's drinking. For each statement, circle one number from 1 to 5, to indicate how much you agree or disagree with it right now. Please circle one and only one number for every statement.

FOR OFFICE USE ONLY

\_\_\_\_\_ Study

\_\_\_\_\_ ID

\_\_\_\_\_ Point

\_\_\_\_\_ Date

\_\_\_\_\_ Raid

SOC SMA-- Revised 4/18/95 2 Pages

<b>Circle only one:</b>	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Undecided or Unsure</b>	<b>Agree</b>	<b>Strongly Agree</b>
1. I really want him to make some changes in his drinking.	1	2	3	4	5
2. I am uncertain whether he drinks too much.	1	2	3	4	5
3. He definitely has some problems related to his drinking.	1	2	3	4	5
4. I am ready to do whatever it takes to help him change his drinking.	1	2	3	4	5
5. There is nothing I can do to help him change his drinking.	1	2	3	4	5
6. Sometimes I wonder if he is an alcoholic.	1	2	3	4	5
7. I really want to do something about his drinking.	1	2	3	4	5
8. I've already been trying to do something about his drinking.	1	2	3	4	5
9. His problems with drinking are serious.	1	2	3	4	5
10. Sometimes I wonder if his drinking is hurting other people.	1	2	3	4	5
11. I definitely need to do something about his drinking.	1	2	3	4	5
12. I am actively doing things now to help him cut down or stop drinking.	1	2	3	4	5
13. I think he needs to be coming to a program to get some help.	1	2	3	4	5
14. I question whether drinking is good for him.	1	2	3	4	5
15. If he doesn't change his drinking soon, the problems are going to get worse.	1	2	3	4	5

<b>Circle only one:</b>	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Undecided or Unsure</b>	<b>Agree</b>	<b>Strongly Agree</b>
<b>16. I have already been trying to get him to change his drinking, and I am here to get some help.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>17. I know that he has a drinking problem.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>18. I am uncertain whether he drinks too much.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>19. It is definitely time for me to do something about the problems I have been having because of his drinking.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>20. I have started to carry out a plan to help him cut down or stop drinking.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>21. He is a fairly normal drinker.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>22. Sometimes I wonder if he is in control of his drinking.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>23. He is an alcoholic.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>24. I am working hard to make change happen.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>25. He's had more trouble because of drinking than most people do.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>26. I don't think he has a "problem" with drinking, but there are times when I wonder if he drinks too much.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>27. He is a problem drinker.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>28. I know that his drinking has caused problems, and I am trying to do something about it.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>29. My problems are at least partly due to his drinking.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>30. I don't know whether or not I should do anything about his drinking.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>31. His drinking is causing a lot of harm.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>32. There has already been some progress in overcoming his drinking problem.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>