

ICS Follow-Up

Part 1

Please circle the alternative which best describes how often the following items have applied to you since the last interview.

Circle only one answer.	Never	Rarely	Some-times	Often	Always
1. Since the last interview, I have tried to limit the amount I drank.	1	2	3	4	5
2. Since the last interview, I have tried to resist the opportunity to start drinking.	1	2	3	4	5
3. Since the last interview, I have tried to slow down my drinking.	1	2	3	4	5
4. Since the last interview, I have tried to drink less often.	1	2	3	4	5
5. Since the last interview, I have tried to stop drinking for a period of time.	1	2	3	4	5

Part 2

Please circle the alternative which best describes how often you have experienced the following items since the last interview.

Please note we are not interested in what you believe about your alcohol use, but what you have actually done in the since the last interview.

If a statement does not apply because you have made no attempt to limit your drinking in the situation described in the last six months, please select "Does not apply". For example, an item might ask you to say how often in the last six months, you were able to resist drinking when you saw your favorite drink. If you made no attempt to resist drinking in the last six months, you would select "Does not apply." You would only select "Never" if you tried to resist drinking but were never able to succeed. Please use "Does not apply" as often as you think necessary.

Circle only one answer.	Never	Rarely	Some-times	Often	Always	Does not apply
1. Since the last interview, I have found it difficult to limit the amount I drank.	1	2	3	4	5	6
2. Since the last interview, I have started drinking even after deciding not to.	1	2	3	4	5	6
3. Since the last interview, even when I intended having only one or two drinks, I have ended up having many more.	1	2	3	4	5	6
4. Since the last interview, I have been able to cut down my drinking (i.e., drink less) when I wanted to.	1	2	3	4	5	6

5. Since the last interview, I have started drinking at times when I knew it would cause me problems (e.g., problems at work, with family/friends or with the police, etc.).	1	2	3	4	5	6
6. Since the last interview, I have been able to stop drinking easily after one or two drinks.	1	2	3	4	5	6
7. Since the last interview, I have been able to stop drinking before becoming completely drunk.	1	2	3	4	5	6
8. Since the last interview, I have had an irresistible urge to continue drinking once I started.	1	2	3	4	5	6
9. Since the last interview, I have found it difficult to resist drinking, even for a single day.	1	2	3	4	5	6
10. Since the last interview, I have been able to slow down my drinking when I wanted to.	1	2	3	4	5	6

Part 3

In the previous section we asked you about what actually happened with your alcohol use since the last interview. In this section we are interested in what you think would happen with your alcohol use now if you did drink.

Circle only one answer.	Never	Rarely	Some-times	Often	Always
1. I would have difficulty limiting the amount I drink.	1	2	3	4	5
2. I would start to drink, even if I'd decided not to.	1	2	3	4	5
3. Even if I intended having only one or two drinks, I would end up having many more.	1	2	3	4	5
4. I could cut down my drinking (i.e., drink less) if I wanted to.	1	2	3	4	5
5. I would start drinking at times when I knew it would cause me problems (e.g., problems at work, with family/friends or with the police, etc.).	1	2	3	4	5
6. I could stop drinking easily after one or two drinks.	1	2	3	4	5
7. I would be able to stop drinking before becoming completely drunk.	1	2	3	4	5
8. I would have an irresistible urge to continue drinking once I started.	1	2	3	4	5
9. I would find it difficult to resist drinking, even for a single day.	1	2	3	4	5
10. I could slow down my drinking if I wanted to.	1	2	3	4	5