

A. Drinker Types

B. Drinking Locations

C. Social Situations

D. Other Drugs

E. Beverage Preferences

F. Effects of Drinking

G. Other Life Problems

H. Treatment Goals

TITLE CARDS

<p>Non Drinker (Total Abstainer)</p> <p>A—1</p>	<p>Occasional Light Social (Nonproblem) Drinker</p> <p>A—2</p>	<p>Moderate or Average Social (Nonproblem) Drinker</p> <p>A—3\</p>
<p>Frequent or Heavy Social (Nonproblem) Drinker</p> <p>A—4</p>	<p>Problem Drinker</p> <p>A—5</p>	<p>Alcoholic</p> <p>A—6</p>

A. DRINKER TYPES

<p style="text-align: center;">At Home (My own house, apartment, or room)</p> <p style="text-align: right;">B—1</p>	<p style="text-align: center;">At Work</p> <p style="text-align: right;">B—2</p>	<p style="text-align: center;">In Other People's Homes</p> <p style="text-align: right;">B—3</p>
<p style="text-align: center;">Outdoors</p> <p style="text-align: right;">B—4</p>	<p style="text-align: center;">Private of Social Clubs</p> <p style="text-align: right;">B—5</p>	<p style="text-align: center;">Restaurants</p> <p style="text-align: right;">B—6</p>
<p style="text-align: center;">Social Events (such as Weddings, Parties, Dances)</p> <p style="text-align: right;">B—7</p>	<p style="text-align: center;">Tavern or Bar</p> <p style="text-align: right;">B—8</p>	<p style="text-align: center;">While Driving</p> <p style="text-align: right;">B—9</p>

B. DRINKING LOCATIONS

<p style="text-align: center;">I Drink Alone</p> <p style="text-align: right;">C—1</p>	<p style="text-align: center;">I Drink with my Spouse (Husband, Wife, Companion)</p> <p style="text-align: right;">C—2</p>	<p style="text-align: center;">I Drink with Relatives Other than my Spouse</p> <p style="text-align: right;">C—3</p>
<p style="text-align: center;">I Drink with a Male Friend or Friends (No Females Present)</p> <p style="text-align: right;">C—4</p>	<p style="text-align: center;">I Drink with a Female Friend or Friends (No Males Present)</p> <p style="text-align: right;">C—5</p>	<p style="text-align: center;">I Drink with Friends of Both Sexes</p> <p style="text-align: right;">C—6</p>
<p style="text-align: center;">I Drink with Strangers (or with People I Meet After I have Started Drinking)</p> <p style="text-align: right;">C—7</p>	<p style="text-align: center;">I Drink with Business Associates (for Business Purposes)</p> <p style="text-align: right;">C—8</p>	

C. SOCIAL SITUATIONS

<p>Amphetamine (uppers, speed) dextroamphetamine methamphetamine methylphenidate</p> <p>D—1</p>	<p>Barbiturates (downers) Tranquilizers (sedatives) Hypnotics (methaqualone, etc.)</p> <p>D—2</p>	<p>Cannabis marijuana hashish, THC</p> <p>D—3</p>
<p>Cocaine</p> <p>D—4</p>	<p>Hallucinogens LSD, DPT psilocybin, etc.</p> <p>D—5</p>	<p>Inhalants (sniffing) gasoline glue, paint, etc</p> <p>D—6</p>
<p>Opiates heroin methadone</p> <p>D—7</p>	<p>Phencyclidine (PCP) “angle dust”</p> <p>D—8</p>	<p>Other Drugs if not mentioned on other cards</p> <p>D—9</p>

D. OTHER DRUGS

<p style="text-align: center;">Beer or Ale</p> <p style="text-align: right;">E—1</p>	<p style="text-align: center;">Brandy</p> <p style="text-align: right;">E—2</p>	<p style="text-align: center;">Gin</p> <p style="text-align: right;">E—3</p>
<p style="text-align: center;">Liqueurs (Cordials)</p> <p style="text-align: right;">E—4</p>	<p style="text-align: center;">Malt Liquor</p> <p style="text-align: right;">E—5</p>	<p style="text-align: center;">Pure Alcohol or Alcohol in Nonbeverage Form</p> <p style="text-align: right;">E—6</p>
<p style="text-align: center;">Rum</p> <p style="text-align: right;">E—7</p>	<p style="text-align: center;">Sparkling Wine</p> <p style="text-align: right;">E—8</p>	<p style="text-align: center;">Special Fortified Wine (Port, Sherry, Muscatel, Vermouth, etc.)</p> <p style="text-align: right;">E—9</p>

E. BEVERAGE PREFERENCES (1)

<p style="text-align: center;">Tequila</p> <p style="text-align: right;">E—10</p>	<p style="text-align: center;">Vodka</p> <p style="text-align: right;">E—11</p>	<p style="text-align: center;">Whiskey (Scotch, Bourbon, Corn, Blended, etc.)</p> <p style="text-align: right;">E—12</p>
<p style="text-align: center;">Red, Dry Wine</p> <p style="text-align: right;">E—13</p>	<p style="text-align: center;">Red, Sweet Wine</p> <p style="text-align: right;">E—14</p>	<p style="text-align: center;">Rosé Wine</p> <p style="text-align: right;">E—15</p>
<p style="text-align: center;">White, Dry Wine</p> <p style="text-align: right;">E—16</p>	<p style="text-align: center;">White, Sweet Wine</p> <p style="text-align: right;">E—17</p>	<p style="text-align: center;">Other Beverage Containing Alcohol (not Mentioned on the Other Cards)</p> <p style="text-align: right;">E—18</p>

E. BEVERAGE PREFERENCES (2)

Calm F—1a	Happy F—2a	Peaceful F—3a
Relaxed F—4a	Unafraid F—5a	Angry F—6b
Depressed F—7b	Frustrated F—8b	Lonely F—9b

F. EFFECTS OF DRINKING (1)

Sad F—10b	Afraid F—11c	Excited F—12c
Nervous F—13c	Restless F—14c	Tense F—15c
Friendly F—16d	Outgoing F—17d	Secure F—18d

F. EFFECTS OF DRINKING (2)

Strong F—19d	Superior F—20d	Inferior F—21d
Insecure F—22e	Unfriendly F—23e	Weak F—24e
Withdrawn F—25e		

F. EFFECTS OF DRINKING (3)

<p style="text-align: center;">Aggression (Fighting, Anger, Hostility)</p> <p style="text-align: right;">G—1</p>	<p style="text-align: center;">Boredom</p> <p style="text-align: right;">G—2</p>	<p style="text-align: center;">Conflicts with the Law (Being Arrested, Drunk, Driving, Police Visits, Lawsuits, etc.)</p> <p style="text-align: right;">G—3</p>
<p style="text-align: center;">Depression (or negative Self-Concept)</p> <p style="text-align: right;">G—4</p>	<p style="text-align: center;">Family Problems (Arguments with Spouse or Family Members)</p> <p style="text-align: right;">G—5</p>	<p style="text-align: center;">Fatigue, Tiredness</p> <p style="text-align: right;">G—6</p>
<p style="text-align: center;">Financial Problems</p> <p style="text-align: right;">G—7</p>	<p style="text-align: center;">Health Problems</p> <p style="text-align: right;">G—8</p>	<p style="text-align: center;">Problems with not Being Assertive (Being Taken Advantage of, Always Giving in, Can't Express What I Feel, etc.)</p> <p style="text-align: right;">G—9</p>

G. OTHER LIFE PROBLEMS (1)

<p>Problems with Eating or Appetite (or Weight Problems)</p> <p>G—10</p>	<p>Problems with Memory or Concentration</p> <p>G—11</p>	<p>Problems with Sleeping (Insomnia, Early Waking, Nightmares)</p> <p>G—12</p>
<p>Problems with Social Contact (Sociability and Meeting People, Losing Friends, Loneliness)</p> <p>G—13</p>	<p>Sexual Problems</p> <p>G—14</p>	<p>Suicidal Thoughts</p> <p>G—15</p>
<p>Tension or Anxiety</p> <p>G—16</p>	<p>Work Problems</p> <p>G—17</p>	<p>Other Problems (not Mentioned on the Other Cards)</p> <p>G—18</p>

G. OTHER LIFE PROBLEMS (2)

<p>I think that total abstinence is the only answer for me, and I want to stop drinking completely.</p> <p>H—1</p>	<p>I think that abstinence may be necessary for me, but I am not sure, If I knew that controlled drinking were impossible for me, then I would want to stop drinking completely.</p> <p>H—2</p>	<p>I think that total abstinence is not necessary for me, but I would like to reduce my drinking to a “light social” and nonproblem level.</p> <p>H—3</p>
<p>I think that total abstinence is not necessary for me, but I would like to reduce my drinking to a “moderate social” and nonproblem level.</p> <p>H—4</p>	<p>I think that total abstinence is not necessary for me, but I would like to reduce my drinking to a “heavy social” and nonproblem level.</p> <p>H—5</p>	<p>I think that total abstinence is not necessary for me, and I see not need to reduce my drinking.</p> <p>H—6</p>

H. TREATMENT GOALS