

Global Rating of Motivational Interviewing Therapist (GROMIT) T. B. Moyers, Ph.D., University of New Mexico, (2004)

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Therapist Behavior:		Notes:
1.	<div style="display: flex; justify-content: space-between; width: 100px;"> Do Not Agree Somewhat Agree Fully Agree </div> <div style="display: flex; justify-content: space-between; width: 100px;"> <input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/> </div>	The therapist provided feedback in an objective fashion rather than trying to use information to persuade the client.
2.	<div style="display: flex; justify-content: space-between; width: 100px;"> Do Not Agree Somewhat Agree Fully Agree </div> <div style="display: flex; justify-content: space-between; width: 100px;"> <input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/> </div>	The therapist avoided power struggles when possible and allowed clients to "win" when resistance was encountered.
3.	<div style="display: flex; justify-content: space-between; width: 100px;"> Do Not Agree Somewhat Agree Fully Agree </div> <div style="display: flex; justify-content: space-between; width: 100px;"> <input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/> </div>	The therapist showed an understanding of the client's point of view.
4.	<div style="display: flex; justify-content: space-between; width: 100px;"> Do Not Agree Somewhat Agree Fully Agree </div> <div style="display: flex; justify-content: space-between; width: 100px;"> <input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/> </div>	The therapist showed confidence in the client's ability to make changes.
5.	<div style="display: flex; justify-content: space-between; width: 100px;"> Do Not Agree Somewhat Agree Fully Agree </div> <div style="display: flex; justify-content: space-between; width: 100px;"> <input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/> </div>	The therapist guided the client toward verbalizing the need for change instead of telling the client why change was needed.
6.	<div style="display: flex; justify-content: space-between; width: 100px;"> Do Not Agree Somewhat Agree Fully Agree </div> <div style="display: flex; justify-content: space-between; width: 100px;"> <input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/> </div>	The therapist expressed interest in the client's values and goals in life.
7.	<div style="display: flex; justify-content: space-between; width: 100px;"> Do Not Agree Somewhat Agree Fully Agree </div> <div style="display: flex; justify-content: space-between; width: 100px;"> <input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/><input type="checkbox"/> </div>	The therapist attempted to persuade the client of the seriousness of the problem.

8.	<table border="1"> <tr> <td data-bbox="199 40 241 235">Do Not Agree</td> <td data-bbox="241 40 283 235"></td> <td data-bbox="283 40 325 235"></td> <td data-bbox="325 40 367 235"></td> <td data-bbox="367 40 409 235">Somewhat Agree</td> <td data-bbox="409 40 451 235"></td> <td data-bbox="451 40 493 235"></td> <td data-bbox="493 40 525 235">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist argued with the client.	
Do Not Agree				Somewhat Agree			Fully Agree				
9.	<table border="1"> <tr> <td data-bbox="199 235 241 430">Do Not Agree</td> <td data-bbox="241 235 283 430"></td> <td data-bbox="283 235 325 430"></td> <td data-bbox="325 235 367 430"></td> <td data-bbox="367 235 409 430">Somewhat Agree</td> <td data-bbox="409 235 451 430"></td> <td data-bbox="451 235 493 430"></td> <td data-bbox="493 235 525 430">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist assumed the expert role.	
Do Not Agree				Somewhat Agree			Fully Agree				
10.	<table border="1"> <tr> <td data-bbox="199 430 241 625">Do Not Agree</td> <td data-bbox="241 430 283 625"></td> <td data-bbox="283 430 325 625"></td> <td data-bbox="325 430 367 625"></td> <td data-bbox="367 430 409 625">Somewhat Agree</td> <td data-bbox="409 430 451 625"></td> <td data-bbox="451 430 493 625"></td> <td data-bbox="493 430 525 625">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist actively encouraged the client to contribute ideas about how to change the target behavior.	
Do Not Agree				Somewhat Agree			Fully Agree				
11.	<table border="1"> <tr> <td data-bbox="199 625 241 820">Do Not Agree</td> <td data-bbox="241 625 283 820"></td> <td data-bbox="283 625 325 820"></td> <td data-bbox="325 625 367 820"></td> <td data-bbox="367 625 409 820">Somewhat Agree</td> <td data-bbox="409 625 451 820"></td> <td data-bbox="451 625 493 820"></td> <td data-bbox="493 625 525 820">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist expressed disapproval of the client.	
Do Not Agree				Somewhat Agree			Fully Agree				
12.	<table border="1"> <tr> <td data-bbox="199 820 241 1015">Do Not Agree</td> <td data-bbox="241 820 283 1015"></td> <td data-bbox="283 820 325 1015"></td> <td data-bbox="325 820 367 1015"></td> <td data-bbox="367 820 409 1015">Somewhat Agree</td> <td data-bbox="409 820 451 1015"></td> <td data-bbox="451 820 493 1015"></td> <td data-bbox="493 820 525 1015">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist directed the clients's attention toward their own strengths.	
Do Not Agree				Somewhat Agree			Fully Agree				
13.	<table border="1"> <tr> <td data-bbox="199 1015 241 1209">Do Not Agree</td> <td data-bbox="241 1015 283 1209"></td> <td data-bbox="283 1015 325 1209"></td> <td data-bbox="325 1015 367 1209"></td> <td data-bbox="367 1015 409 1209">Somewhat Agree</td> <td data-bbox="409 1015 451 1209"></td> <td data-bbox="451 1015 493 1209"></td> <td data-bbox="493 1015 525 1209">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist seemed phony.	
Do Not Agree				Somewhat Agree			Fully Agree				
14.	<table border="1"> <tr> <td data-bbox="199 1209 241 1404">Do Not Agree</td> <td data-bbox="241 1209 283 1404"></td> <td data-bbox="283 1209 325 1404"></td> <td data-bbox="325 1209 367 1404"></td> <td data-bbox="367 1209 409 1404">Somewhat Agree</td> <td data-bbox="409 1209 451 1404"></td> <td data-bbox="451 1209 493 1404"></td> <td data-bbox="493 1209 525 1404">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist recognized change talk from the client and responded appropriately to it.	
Do Not Agree				Somewhat Agree			Fully Agree				
15.	<table border="1"> <tr> <td data-bbox="199 1404 241 1583">Do Not Agree</td> <td data-bbox="241 1404 283 1583"></td> <td data-bbox="283 1404 325 1583"></td> <td data-bbox="325 1404 367 1583"></td> <td data-bbox="367 1404 409 1583">Somewhat Agree</td> <td data-bbox="409 1404 451 1583"></td> <td data-bbox="451 1404 493 1583"></td> <td data-bbox="493 1404 525 1583">Fully Agree</td> </tr> </table>	Do Not Agree				Somewhat Agree			Fully Agree	The therapist steamrolled the client.	
Do Not Agree				Somewhat Agree			Fully Agree				