Tara G. Bautista, Ph.D.

Assistant Professor  
Health, Exercise, and Sports Sciences

The University of New Mexico

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**Education**

Postdoctoral Fellowship, Yale Stress Center 2020-2022

Department of Psychiatry, School of Medicine, Yale University, New Haven, Connecticut

Doctor of Philosophy, Nursing and Health Innovation May 2020

Arizona State University, Phoenix, Arizona

Dissertation: *Acceptability of Mindfulness-Based Interventions among Women with Substance Use Disorder*

Received Outstanding Research Award by ASU Graduate Professional Association

Baccalaureate of Arts, Psychology May 2012

San Diego State University, Imperial Valley Campus, Calexico, California

Honor’s Thesis: *Stress among undergraduates living along the U.S. - Mexico border: Examining locus of control and life tasks*

Received the Student Research Symposium Deans Award

Associates of Arts, Social and Behavioral Sciences May 2010

Palo Verde Community College, Blythe, California

**Professional Experience**

#### 2025 – Current

#### Assistant Professor, Principal Investigator for the Stress and Health Equity Lab, Department of Health, Exercise, and Sports Sciences, College of Education and Human Sciences, The University of New Mexico

#### 2022 – 2025

#### Assistant Professor, Principal Investigator for the Stress and Health Equity Lab, Department of Psychological Sciences, College of Social and Behavioral Sciences, Northern Arizona University

**Publications**

**†Students I mentored on project; \*Shared first authorship**

#### Duque, M., Lee, T. K., Cobb, C. L., Montero-Zamora, P., Gualdron, E., Cisco, M., Acaf, Y., Watkins, L. G., Sahbaz, S., Scaramutti-Gladfelter, C., Vo, D. H., Lee, S. W., Lopez-Soto, A., Ramirez, E., Ertanir, B. **Bautista, T.**, Nehme Kotocavage, L., Alpysbekova, A., Garcia, M. F., Rodriguez, J., Bates, M. M., Calderon, I. A., Maldonado-Molina, M. M., Salas-Wright, C. P., & Schwartz, S. J. (accepted). Optimism and English proficiency predict incidence of and remission from PTSD among Hispanic climate migrants on the U.S. mainland. *Psychological Trauma: Theory, Research, Practice, and Policy*

#### Ware, O.D., Geiger, G.R. **†**, Rivas, V. D. **†**, Macias Burgos, M. A. **†**, Nehme, L. **†**, & **Bautista, T. G.** (2025).Risk of relapse following discharge from non-hospital residential opioid use disorder treatment: A systematic review of studies published from 2018-2022. *Substance Abuse and Rehabilitation.* 105-118.

#### Ware, O.D., Geiger, G.R. **†**, **Bautista, T. G.,** Baca-Atlas, M. (accepted). Examining Vaping Policies in Substance Use Disorder Treatment Facilities. *Tobacco Use Insights.*

#### Galindo-Aldana, G., Montoya-Rivera, L. A., Elizondo, J. J. E., Inzunza-Gonzalez, E., García-Guerrero, E. E., Padilla, A., **Bautista, T.G.** & Torres-González, C. (2025). Mindfulness-Based Interventions Effects on EEG and Executive Functions: A Systematic Review. *Brain Sciences, 15*(3), 324.

#### Eaves, E.R., Haberstroh, S., Mellott, R., Roddy, J., Santos, J. **†**, Roddy, A.L., **Bautista, T.,** Mommaerts, K., Rodgers, O., Camplain, C., Gelatt, A., Baldwin, J.A. (2025). Engaging Doctoral Students in Research Training to Expand Evidence-Based Practice in Rural Substance Use Treatment: Curriculum for the Culturally Centered Addictions Research Training (C-CART) Program. *Pedagogy in Health Promotion.*

#### Vo, D. H., Szapocznik, J., Cobb, C. L., Duque, M., Ertanir, B., Alpysbekova, A., Montero-Zamora, P., Sahbaz, S., **Bautista, T.,** Scaramutti Gladfelter, C., Lee, T. K., Lee, S. W., & Schwartz, S. J. (2025). When your people don’t favor you: Ingroup discrimination through multiple lenses, mechanisms, and models. *Review of General Psychology.*

#### Duque, M., Acaf, Y., Montero-Zamora, P., Cobb, C. L., Vo, D. H., Sahbaz, S., Ertanir, B., **Bautista, T.**, Watkins, L. G., Alpysbekova, A., Garcia, M. F., Rodriguez, J., Bates, M. M., Calderon, I. A., Maldonado-Molina, M. M., Bartholomew, J. B., Pinedo, M., Lee, T. K., Salas-Wright, C. P., & Schwartz, S. J. (2025). Thriving through adversity: The prospective association between positive psychological well-being and upward economic mobility among Puerto Rican climate migrants on the U.S. mainland. *Applied Psychology: Health and Well-Being*, 1-16.

#### Duque, M. **†**, Vo, D. H. **†**, Montero-Zamora, P., Cobb, C. L., Sahbaz, S., Ertanir, B., **Bautista, T.**, Watkins, L.G., Acaf, Y. **†**, Macias, M. A. **†**, Alpysbekova, A. **†**, Garcia, M. F., Rodriguez, J., Bates, M. M., Calderon, I. A., Maldonado-Molina, M. M., Bartholomew, J. B., Pinedo, M., Lee, T. K., Salas-Wright, C. P., & Schwartz, S. J. (2025). Longitudinal Determinants of Thriving in Puerto Rican Climate Crisis Migrants on the US Mainland: A Structural Equation Model. *Social Science & Medicine*, 366, 117615

#### Alpysbekova, A., Montero-Zamora, P., Soares, M. H., Scaramutti, C., Sahbaz, S., Duque, M., **Bautista, T.,** Garcia, M.F., Salas-Wright, C.P., Maldonado-Molina, M.M., Bates, M.M., Pérez-Gómez, A., Mejía Trujillo, J., Brown, E.C., & Schwartz, S. J. (2024). A comparative study of Venezuelan immigrants’ pre-and post-migration concerns for their children in the United States and Colombia. PloS one, *19*(12), e0313215.

#### Ravelo, G. J., Weize, W., Alvonee, P., **Bautista, T.,** Sanchez, M., Bastida, E., Carrasquillo, O. (2024). Examining COVID-19 sources of information, vaccine hesitancy, and uptake behaviors among diverse underserved Latinx communities: A convergent parallel mixed methods approach. *COVID*. *4*(12), 1931-1950.

#### Pro, G., **Bautista, T.,** Gu, M, Ware, O.D., Kleinerman, A., Baldwin, J., & Rojo, M. (2024). Services provided in Spanish in substance use disorder treatment facilities: Limited access in communities with fast growing Spanish-speaking populations. *The Journal of Behavioral Health Services & Research,* 1-16.

#### Alpysbekova, A., Cisco, M., Ertanir, B., Vo, D., Scaramutti, C., Nehme, L., Montero-Zamora, P., **Bautista, T.,** Schwartz, S. J. (2024). Cultural–economic stress and mental health among Ukrainian immigrants residing in the US post-Russian invasion. *American Journal of Orthopsychiatry*

#### Alpysbekova, A., Cisco, M., Vo, D., Ertanir, B., Sahbaz, S., Montero-Zamora, P., **Bautista, T.,** Scaramutti, C., Bartoszak, M., Nehme, L., Duque, M., Schwartz, S. J. (2024). The Effect of the Russian Invasion on Mental, Social, and Behavioral Health among Ukrainians Living in the United States. *Psychological Trauma: Theory, Research, Practice, and Policy.*

#### Montero-Zamora, P., Sahbaz, S., Cobb, C.L., Scaramutti, C., Alpysbekova, A., Talavera-Camacho, E., Duque, M., **Bautista, T.,** Ertanir, B., Garcia, M.F., Brown, E.C., Schwartz. (2024). Effects of cultural stressors and family etiologic factors on behavioral and mental health among Mexican and other Hispanic/Latino immigrant parents in the United States. *Children and Youth Services Review*, 107833.

#### Haeny, A. M., Schick, M. R., Crouch, M., **Bautista, T.,** Chowdhary, A., McKenley, C., & Funaro, M. C. (2024). Self-Change from Alcohol Use Disorder among Racially and Ethnically Minoritized Adults: Systematic Review. *Current Addiction Reports, 11*, 818–837.

#### **Bautista, T. G.,** Ware, O. D., Macias Burgos, M., **†** Castillo Cruz, Y., **†** Rivas, V. D., **†** Davidson, A., **†** Mezhenska, M., **†** Sanchez, M., & Amaro, H. (2024). Mixed methods analysis of satisfaction during a 12-session mindfulness-based intervention for women with a substance use disorder and trauma symptomatology. *Frontiers in Psychology,* *15, 1359174*

#### Macias Burgos, M. **†\***, **Bautista, T.\*,** Castillo Cruz, Y. **†**, Sahbaz, S., Scaramutti, C., Schwartz, S., & Montero-Zamora, P. (2024). Investigating the association between discrimination, internalizing symptoms, and alcohol use among Latino/a immigrant parent in the United States**.** *Frontiers in Psychiatry,* 15, 1358648.

#### Cordero, E. D., Vaughn, A., Lara, D., & **Bautista, T. G.** (2024). Weight-Related Eating among Latino College Students. *Psychology of Men & Masculinities.* doi.org/10.1037/men0000477

#### Bredella, M. A., Duthely, L. M., Mehta, D. H., Roman, G., Pusek, S., **Bautista, T.G.,** Khan, M., Meyer, J. P.& Vitale, A. (2024). Advancing wellbeing in clinical and translational science. *Journal of Clinical and Translational Science.* 8: e46, 1–3. doi: 10.1017/cts.2023.709

#### Duque, M., De Coninck, D., Montero-Zamora, P., Sahbaz, S., **Bautista, T. G.,** Ertanir, B., Garcia, M. F., Alpysbekova, A., Scaramutti, C., Laboy, M., Vignoles, V., Schwartz, S. J. (2024) The Immigrant Stereotype Spillover Effect: Understanding Host Nationals’ Emotional Response to Newcomers During the COVID-19 Pandemic. *International Journal of Intercultural Relations,* *99,* 101939. doi:10.1016/j.ijintrel.2024.101939

#### Schwarts, S. J., Cobb, C. L., Meca, A., **Bautista, T.,** Sahbaz, S., Alpysbekova, A., Watkins, L. J., Nehme, L., Zamboanga, B. L., Montero-Zamora, P., Duque, M., Szapocznik, J. (2024). Cultural Stress, Personal Identity Development, and Mental Health among U.S. Hispanic College Students. *American Journal of Orthopsychiatry,* doi: 10.1037/ort0000735

#### **Bautista, T. G.\*,** Roman, G.\*, Khan, M., Lee, M. †, Sahbaz, S., Duthely, L. M., Knippenberg, A. †, Macias Burgos, M.†, Davidson, A. †, Scaramutti, C., Gabrilove, J., Pusek, S., Mehta, D., Bredella, M. A. (2023). What is Well-Being? A Scoping Review of the Conceptual and Operational Definitions of Well-Being. *Journal of Clinical and Translational Science*. 7: e227,1–12. doi: 10.1017/cts.2023.648

#### Duque, M., De Coninck, D., Cobb, C. L., **Bautista, T.,** Anderson, J. D., Montero-Zamora, P., Perazzo, P. A., Lopez-Madrigal, C., Ertanir, B., Garcia, M. F., Vos, S. R., Alpysbekova, A., & Schwartz, S. J. (2023). The emotional citizen: Positive affective response towards immigrants predicts meaningful experiences with them and lower COVID-19 perceived threat in nine countries. *Group Processes & Intergroup Relations*, *27*(8)*,* 1862-1884. https://doi.org/10.1177/13684302231179909

#### Santos, J. **†**, Acevedo-Morales, A. **†**, Jones, L.†, **Bautista, T.,** Camplain, C., Keene, C. N., Baldwin, J. (2023). Client perspectives on primary care integration in a rural-serving behavioral health center. *Journal of Integrated Care. 32*(1), 31-44.https://doi.org/10.1108/JICA-08-2023-0061

#### **Bautista, T. G.,** Fogelman, N., Lartigue, S. **†**, Silverman, W. K., Jastreboff, A. M., Sinha, R. (2023). Association between parenting stress and fast-food consumption among parents and children. *Eating Behaviors, 49*, 101724. doi.10.1016/j.eatbeh.2023.101724

#### **Bautista, T. G.** & Amaro, H. (2023). Dispositional mindfulness and trauma severity predict uptake of mindfulness practice among women in treatment for substance use disorder. *Journal of Substance Use, 28*(2), 266-272.doi: 10.1080/14659891.2022.2039970

#### **Bautista, T. G.,** Cash, T., Meyerhoefer, T. **†**, & Pipe, T. B. (2022). Equitable Mindfulness: The practice of mindfulness for all. *Journal of Community Psychology, 50*(7), 3141-3155*.* doi: 10.1002/jcop.22821

#### Amaro, H., Sanchez, M., **Bautista, T.,** & Cox, R. (2021). Social vulnerabilities for substance use: Stressors, socially toxic environments, and discrimination and racism. *Neuropharmacology*, 188, 108518. doi.10.1016/j.neuropharm.2021.108518

#### **Bautista, T.**, James, D. & Amaro, H. (2019). Acceptability of mindfulness-based intervention for substance use disorder: A systematic review. *Complementary Therapies in Clinical Practice,* 35, 201-207, doi:10.1016/j.ctcp.2019.02.012*.*

#### Coplan, B., **Bautista, T. G.,** & Dehn, R. (2018). Physician assistant program characteristics and diversity in the PA profession. *Journal of the American Academy of Physician Assistants,* 31 (3), 38-46, doi: 10.1097/01.JAA.0000530295.15656.51

#### Camacho, A., Cordero, E. D., & **Perkins (Bautista), T.** (2016). Psychometric properties of the DASS-21 among Latino college students by the US-Mexico border. *Journal of Immigrant and Minority Health,* *18* (5), 1017-1023, doi: 10.1007/s10903-016-0415-1

**Invited book chapters:**

#### Castro, F. G., Barrera, M., & **Bautista, T. G.** (2018). Empirically based treatments: Adapting behavioral medicine change strategies to meet the needs of integrative care… With an appreciation of culture. In M. P. Duckworth & W. T. O’Donohue (Eds.), Behavioral Medicine and Integrative Care: Efficient Delivery of the Most Effective Treatments (pp. 89-117). Springer, Cham.

#### Castro, F. G., **Bautista, T**., Mendieta, M. I. H., Ramirez, S. O., Heydarian, N. M., & Hughes, A. S. (2017). In S. J. Schwartz & J. Unger (Eds.), Systems Contexts for Designing Culturally Adapted Prevention Interventions. The Oxford Handbook of Acculturation and Health (pp. 411-432). New York, NY: Oxford. Oxford University Press.

**Research Grants**

#### Grant #1R01ES037281-01A1 (under review) Agency: NIH/NIEHS (Prim) NIMHD (Sec)

#### Title: Interventions to improve health for farmworkers exposed to pesticides, sleep disruption, and social stressors Role: Multiple Principal Investigator

#### Grant # N/A ($200,000) Agency: Flinn Foundation

#### Title: Flinn Early Career Faculty Fellow Role: Principal Investigator 2024 – 2025

#### Grant #1K01AA031742-01A1 (Impact Score: 37 not funded) Agency: NIH/NIAAA

#### Title: Mindfulness-based Intervention for Latina Mothers Who Drink Alcohol to Cope

#### Role: Principal Investigator

#### Grant # 5U24MD015970 (Subproject $300,000) Agency: NIH/NIMHD

#### Title: Research Centers in Minority Institutions (RCMI) Coordinating Center

#### Subproject title:Parenting Stress and Substance Use among Latina Mothers

#### Role: Multiple Principal Investigator 2024-2026

#### Grant # 1OT20D028395 (Subaward $75,000) Agency: NIH/Div Engag Outreach Title: Research Triangle International - *All of Us* Researcher Academy

#### Subproject: Northern Arizona University Institutional Champions

#### Role: Co-Investigator 2024-2025

#### Grant # 5U54MD012388 (Subproject $5,000) Agency: NIH/NIMHD

#### Title:Southwest Health Equity Research Collaborative (SHERC)

#### Subproject Title: Community-Campus Partnership Support Program

#### Community Partner: Campesinos Sin Fronteras

#### Role: Principal Investigator 2024-2025

#### Grant # 5U54MD012388 (Subproject $100,000) Agency: NIH/NIMHD

#### Title:Southwest Health Equity Research Collaborative (SHERC)

#### Subproject Title: Mindfulness-based intervention for Latina mothers who drink alcohol to cope.

#### Role: Principal Investigator 2023-2025

#### Grant # 5R25DA053805 Agency: NIH/NIDA

#### Title: C-CART: Culturally Centered Addictions Research Training

#### Role: Co-Investigator 05/01/2021 – 03/31/2026

#### Principal Investigators: Julie Baldwin and Ramona Mellott

#### Grant # 2 L60AT011628-03 Agency: NIH/NCCIH

#### Title: Mindfulness-based intervention for Latina mothers who drink alcohol to cope

#### Role: Principal Investigator (2021-2027)

#### Mentors: Rajita Sinha and Julie Baldwin

#### Grant # 5TL1TR001864 Agency: NIH/NCATS

#### Title: NRSA TRAINING CORE

#### Role: Postdoctoral Fellow (2020-2022)

#### Principal Investigator: Lloyd G. Cantley, Rajita Sinha & Eugene David Shapiro, Yale University

#### Grant # 5R01DK117651 Agency: NIH/NIDDK

#### Title: Prevention Childhood Obesity through a Mindfulness-Based Parent Stress Intervention

#### Role: Postdoctoral Fellow (2020 – 2022)

#### Principal Investigator: Rajita Sinha, Ania Jastreboff, & Wendy Silverman, Yale University

#### Grant #5R01DA038648 Agency: NIH/NIDA (Primary) NIH/NIAAA (Secondary)

#### Title: Neural Mechanisms in Women’s Treatment and Early Recovery

#### Role: Research Associate (2016-2019)

#### Principal Investigator: Hortensia Amaro & David Black, University of Southern California

**Conference Presentations**

**Keynote Addresses:**

**Bautista, T. G.** (2025, April). Keynote Speaker, Northern Arizona University, Office of Undergraduate Research and Creative Activity Reception. Flagstaff, AZ

**Bautista, T. G.** (2021, June).Keynote Speaker, Palo Verde Community College Commencement Ceremony. Blythe, CA.

**Chaired Sessions:**

Alcohol and Substance Use Interventions that are Responsive to Cultural Risk and Protective factors among Latino Families (2025, June). In **T. Bautista** (Chair). College on Problems of Drug Dependence, New Orleans, LA.

Social and Behavioral Science Datablitz (2024, Oct.). In **T. Bautista** & N. Negi (Chairs). National Hispanic Science Network, New Orleans, LA.

Social and Behavioral Science Datablitz (2023, Sept.). In **T. Bautista** & N. Negi (Chairs). National Hispanic Science Network, Washington, DC.

Holmes, A. (2022, Sept.). Updates to NIH NIDA grant mechanisms. In **T. Bautista** (Chair). National Hispanic Science Network, Grand Rapids, MI.

Bevins, R., Corbin, W., & Sirois, C., (2021, Sept.). Ask the Editor. In **T. Bautista** (Chair). National Hispanic Science Network (Presented Virtually due to COVID-19).

Mulla, Z. (2021, June). Demystifying Sample Size Calculations. In **T. Bautista** (Chair). National Hispanic Science Network Early Career Leadership Committee, Online workshop series.

**Oral Presentations:** *†Students I mentored on project*

**Bautista, T.,** (2025, June). Co-Creating a Mindfulness-Based Intervention with Latina Mothers as Community Partners to Reduce Drinking to Cope Behaviors. College on Problems of Drug Dependence, New Orleans, LA.

**Bautista, T.,** Macias, M. **†**, & Cruz Carrillo, Y**†**. (2023, April). Stress among Latina undergraduates living along the U.S.-Mexico Border. Oral Presentation at Association for Borderland Studies – World Social Science Association, Tempe, AZ.

**Bautista, T. G.,** Fogelman, N., & Sinha, R. (2022, April). Parents using alcohol to cope with stress and child behavioral concerns. Oral Presentation at the Association for Clinical and Translational Science Association, Chicago, IL.

Park, E., Mehta, D., Bredella, M. A., Brazhnik, O., **Bautista, T.,** Roman, G. (2021, Dec.) Advancing well - building resilience and well-being in the clinical translational workforce. Clinical and Translational Science Awards (CTSA) Program Annual Conference. Presented Virtually.

**Bautista, T. G.** & Amaro, H. (2020, June). Predictors of Participant Acceptability of a Mindfulness-Based Intervention for Women in Substance Use Disorder Treatment. Oral presentation at the College on Problems of Drug Dependence, Hollywood, FL. (Presented Virtually due to COVID-19).

Castro, F. G., Barrera, M., Hecht, M. L., Miller-Day, M., Pettigrew, J., **Bautista, T. G.,** & Suh, B. (2019, May). Rural Teacher Insights to Promote Youth Engagement in Drug Prevention Education. Oral presention at the Society for Prevention Research. San Francisco, CA.

Castro, F. G., Barrera, M., Hecht, M. L., Miller-Day, M., Pettigrew, J., **Bautista, T. G.,** & Suh, B. (2019, May). Rural Principal Views on the Sustainability of Drug Education Interventions within Their School. Individual Paper presented at the Society for Prevention Research. San Francisco, CA.

**Bautista, T. G.,** & Castro, F. G. (2018, May). Teacher adaptations to challenges of school-based drug education curriculum. In E. H. Robles (Chair), Innovative Alcohol and Drug Health Disparities Research for Underserved Populations Drawing from Qualitative Methodologies. Symposium at Society for Prevention Research annual conference. Washington, DC.

**Bautista, T. G.** (2019, February). Adaptations of mindfulness-based interventions for ethnically diverse women with trauma and substance use disorder. Symposium presented at the Diversity and Inclusion Science Initiative annual conference. Tempe, AZ.

Castro, F.G., & **Bautista, T. G.** (2018, March). Culturally relevant adaptations of type 2 diabetes self-care for Latinos/as. Workshop presented at the 14th annual Cesar E. Chavez Health Conference. Phoenix, AZ.

**Select Poster Presentations (full list of posters available upon request):**

Herrera-Arias, J. **†**, Castañeda Mendoza, D. **†**, Macias Burgos, M. **†**, & **Bautista, T.** (2024, Apr.) Parenting Styles and Practices Among Latino Parents and Alcohol Use in Their Adult Children. Poster presented at the 16th Annual Undergraduate Research Symposium at Northern Arizona University, Flagstaff, AZ.

Herrera-Arias, J. **†**, Castañeda Mendoza, D. **†**, Rivas V. **†**, Macias Burgos, M. **†**, Rivera, A. **†**, MacDonald, K. **†**, Wang, W., Sanchez, M., Amaro, H., Schwartz, S., Ravelo, G., & **Bautista, T.** (2024, Oct.) Stress, Coping, Cultural Risk and Protective Factors, and Substance Use Among Diverse Groups of Latina Mothers. Poster presented at National Hispanic Science Network at Louisiana State University Health Science Center, New Orleans, LA.

Macias Burgos, M. **†**, Herrera-Arias, J. **†**, Macdonald, K. **†**, M., Cruz-Carrillo, Y. **†**, **Bautista, T.,** Sahbaz, S., Schwartz, S., & Montero-Zamora, P. (2023, Nov). Investigating the association between discrimination, internalizing symptoms, and alcohol use among Latino/a immigrant parent in the United States. Poster presented at the Arizona Psychology Training Conference, Glendale, AZ..

Rivas, V.D. **†** (2023). Swolemates. Poster presentation given at the 15th Annual Undergraduate Research Symposium at Northern Arizona University (April 28, 2023, in Flagstaff, AZ).

Rivas, V.D. **†**, Bautista, T.G. (2024) The Future of Substance Use Research: Personality and Spirituality. Poster presentation given at The Next Big Ideas in Psychology (February 23, 2024, in Tempe, AZ).

Rivas, VD. **†**, Macias Burgos, M.A. **†**, Geiger, R. **†**, **Bautista., T.,** & Ware, O., (2024) Differences in Opioid Use Disorder Treatment Discharge and Relapse Between Racial and Ethnic Groups in the U.S. Poster will be presented at the Annual Meeting of the National Hispanic Science Network. (October 5, 2024, in New Orleans, LA).

Rivera, A. **†**, Roark, K. **†**, Bradley, M. **†**, Reinhart, R. **†**, Long, M. **†**, Mezhenska, M. **†** & **Bautista, T.** ACE Score and Alcohol Use Among Latine and White College Students. Poster presentation given at the 16th Annual Undergraduate Research Symposium at Northern Arizona University (April 26, 2024, in Flagstaff, AZ).

Rivera, A. **†**, Macias Burgos, M. **†**, Herrera-Aria, J. **†**, Castaneda-Mendoza, D. **†**, Rivas, V. **†**, MacDonald, K. **†**, Mommaerts, K., Lopez, N., & **Bautista, T.** Co-creating a mindfulness-based intervention with Latina mothers as community partners to reduce drinking to cope behaviors. Poster Presentation given at 24th Annual National Hispanic Science Network Conference (October 3rd through 5th, 2024, in New Orleans, LA).

Acevedo-Morales, A. **†**, Lee, J, Sullivan, K., **Bautista, T.,** Shrader, G., & Wechsler, F. (2024, October). Factors influencing the choice of a career in substance use treatment: A qualitative study. Vulnerability AND Resilience: The interplay of factors that shape health in Hispanic/Latino communities, National Hispanic Science Network (NHSN), New Orleans, LA. [Poster Presentation].

**Bautista, T.,** Lopez, N., Mommaerts, K., Macias Burgos, M. **†**, Rivera, A. **†**, MacDonald, K. **†**, Herrera-Aria, J. **†**, Castaneda-Mendoza, D. **†**, & Rivas, V. **†** Co-creating a mindfulness-based intervention with Latina mothers as community partners to reduce drinking to cope behaviors. Poster Presentation given at 6th Annual Review Yuma County, NAU, ABRC Forum: Strengthening Partnerships to Sustain Healthy Border Communities (May 13th and 14th, 2024, in Yuma, AZ).

Carpenter, V.B. **†**, **Bautista, T.G.** (2023). Role of Discrimination in the Reporting and Disclosure of Postpartum Stress among Latina Mothers. Poster presentation given at the 16th Annual Undergraduate Research Symposium at Northern Arizona University (April 26, 2024, in Flagstaff, AZ).

Castañeda Mendoza, D. **†**, Herrera-Arias, J. **†**, Macias Burgos, M. **†**, & **Bautista, T.** (2024) Parenting Styles and Practices Among Latino Parents and Alcohol Use in Their Adult Children. Poster presentation presented at the 16th Annual Undergraduate Research Symposium at Northern Arizona University (April 26, 2024, in Flagstaff, AZ).

Acevedo-Morales, A. †, & **Bautista, T.** (2023, Sept.). Autoethnography: Testimonio of a Latina navigating graduate school and addiction research. Poster presented at the National Hispanic Science Network, Washington, DC.

Vollmer, A. †, Dunbar, N., Wickham, R., & **Bautista, T.** (2023, Sept.). The complexities of Familismo and discrimination impacting academic achievement among Latine adolescents. Poster presented at the National Hispanic Science Network, Washington, DC.

Davidson, A. C. **†**, Cruz-Carrillo, Y. **†**, Macias Burgos, M. A. **†**, Amaro, H., **Bautista, T.** (2023, Sept.). Mixed methods analysis of satisfaction among women with trauma symptomology and SUD in a mindfulness intervention. Poster presented at the National Hispanic Science Network, Washington, DC.

Cruz-Carrillo, Y. **†**, Macias Burgos, M. A. **†**, Davidson, A. C. **†**, Montero-Zamora, P., **Bautista, T.** (2023, Sept.). Association between support from family and perceived stress among Mexican Parents. Poster presented at the National Hispanic Science Network, Washington, DC.

Atencio-Gomez, M. **†**, Walters, A., Rumble, A., & **Bautista, T.** (2023, Sept.). Quiero ser yo: A Latino Transgender Man’s Journey. Poster presented at the National Hispanic Science Network, Washington, DC.

Macias Burgos, M. **†**, Carrillo Cruz, Y. **†**, **Bautista, T.,** Sahbaz, S., Schwartz, S., & Montero-Zamora, P. (2023, June). Investigating the association between discrimination, internalizing symptoms, and alcohol use among Latino/a immigrant parent in the United States. Poster Presentation at College on Problems of Drug Dependence, Denver, CO.

**Bautista, T. G**., Fogelman, N., & Sinha, R. (2022, June). Parents stress and early childhood risk behaviors among parents who drink to cope. Poster Presentation at the Research Society on Alcoholism, Orlando, FL.

**Bautista, T. G.,** Fogelman, N., Lartigue, S., Silverman, W. K., Jastreboff, A. M., Sinha, R.(2021, March).Association between parenting stress and fast-food among parents and toddlers. Poster Presentation at the Association for Clinical and Translational Science Association (Presented Virtually due to COVID-19).

**Bautista, T. G.,** Cash, T., Dunis, J., Smith, P., Young, M., Meyerhoefer, T., & Pipe, T. B. (2019, Nov). Equitable Mindfulness for Social Changes: A Mixed Methods Analysis. Poster presented at the American Public Health Association Conference, Philadelphia, PA.

**Bautista, T. G.,** James, D., Suh, B., Amaro, H., & Cordero, E.D. (2019, Oct.). Moderating effects of Enjoyment and Efficacy for Stress among Latina Undergraduates. Poster presented at the National Hispanic Science Network, New Orleans, LA.

Suh, B., **Bautista, T. G.,** MacKinnon, D., & Castro, F. G. (2019, May). Effects of Adverse Childhood Experience and Family Resilience on Child’s Anxiety: A Path Analysis. Poster presented at the Society for Prevention Research. San Francisco, CA.

**Bautista, T. G.,** Black, D. S., & Amaro, H. (2018, June). Changes in Acceptability throughout a 12-session mindfulness-based relapse prevention intervention. Poster presented at the College on Problems of Drug Dependence Conference. San Diego, CA.

**Bautista, T. G.**, Black, D.S., & Amaro, H. (2018, April). Assessing acceptability of mindfulness-based relapse prevention: Implications for intervention adaptation. Poster session presented at Arizona State University, Institute for Social Science Research Poster Expo. Tempe, AZ.

**Bautista, T.,** Black, D. S., & Amaro, H. (2017, October). Acceptability of mindfulness-based relapse prevention for ethnically diverse women. Poster presented at the National Hispanic Science Network Annual Conference, Phoenix, AZ.

**Bautista, T.,** Suh, B.,& Castro, F. G. (2017, October). Cognitive Complexity and Emotional Expression among Males with Substance Use Disorder. Poster presented at the National Hispanic Science Network Annual Conference, Phoenix, AZ.

Suh, B., **Bautista, T.**, Karch, J., Dilli, C., & Castro, F. G. (2017, October). Familial Support and Cardiometabolic Health Measures among Latino/as with Prediabetes. Poster presented at the National Hispanic Science Network Annual Conference, Phoenix, AZ.

**Invited Presentations/Workshops:**

**Bautista, T. G.,** (2023, May). Life-Work Balance and Stress in Academia. Presented at the Texas Tech University Health Science Center Leadership Development Academy, El Paso, Tx

**Bautista, T. G.** (2022, Oct). 2-day Mindful Communication workshop. Presented for the Child Development Center at New Mexico State University, Las Cruces, NM

**Bautista, T. G.** (2023, Jan). Mindful Communication Presentation. Presented for the Vice Chancellor’s Office at New Mexico State University, Las Cruces, NM

**Bautista, T. G.** (2022, Oct). Mindful Communication Presentation. Presented for the Faculty Development and Teaching Academy at New Mexico State University, Las Cruces, NM

**Bautista, T. G.** (2022, May). Mindful Communication Presentation. Presented at the Texas Tech University Health Science Center Leadership Development Academy, El Paso, Tx

**Bautista, T. G.** (2022, May). Movement and Physical Activity in the Workplace. Presented at the Texas Tech University Health Science Center Annual Institutional Faculty Development Program, El Paso, TX,

Park, E., Mehta, D., Bredella, M. A., Brazhnik, O., **Bautista, T. G,** Roman, G. (2022, April) Advancing well - building resilience and well-being in the clinical translational workforce. University of Southern California, Clinical and Translational Science Institute, Career Development Seminar Series. Presented Virtually.

**Bautista, T. G.** (2022, March). Parenting Mindfully for Health: Examining stress and coping among parents of young children. University of California Davis, NCATS TL1 Grand Rounds.

**Bautista, T. G.** (2022, January). Life-Work Balance and Stress in Academia. Presented at the Texas Tech University Health Science Center Leadership Development Academy, El Paso, Tx

**Teaching**

Fall 2025 HED482: Social Determinants and Multicultural Health, Health Education Program, University of New Mexico

Spring 2025 PSY480: Health Psychology, Psychological Sciences, Northern Arizona University

Fall 2024 CAR610: Quantitative Research in Addictions

Fall 2023 CAR610: Quantitative Research in Addictions

PSY280: Cross Cultural Psychology, Psychological Sciences, Northern Arizona University

2022-2023 PSY280: Cross Cultural Psychology, Psychological Sciences, Northern Arizona University

PSY480: Health Psychology, Psychological Sciences, Northern Arizona University

2018-2019 HCR301: Research Methods for Health Care Professionals, College of Nursing and Health Innovation, Arizona State University

Spring 2018 HCR210: Health Care Ethics, College of Nursing and Health Innovation, Arizona State University

*Curriculum Development*

2022 – 2024 Health Psychology

Cross-Cultural Psychology

2021-2022 Well-being Curriculum Core Group, Clinical and Translational Science Awards (CTSA) Program, funded by the National Center for Advancing Translational Sciences (NCATS) at the National Institutes of Health (NIH)

Fall 2019 Evidence-Based Practice, Mindfulness for Medical Students Selective Course, Collaboration between Mayo Medical School and ASU Center for Mindfulness, Compassion and Resilience

Summer 2019 Online Wellness Series: Mind and Body IV, Physical Activity Planning and Tracking, Collaboration with Mayo Clinic, EdPlus, and Center for Mindfulness Compassion and Resilience at Arizona State University

**Mentoring Experience**

* Undergraduate Capstone Mentor – Internal Northern Arizona University
  + Juliana Herrera-Arias (2024)
  + Daniela Castaneda Mendoza (2024)
  + Alexa Knippenberg (2023-2024)
    - Hooper Undergraduate Research Grant Award recipient ($5,000)
* Thesis Chair – Internal Northern Arizona University
  + Juliana Herrera-Arias (2024 – 2026)
  + Veronica Rivas (2024 – 2026)
  + Miracle Macias (2022-2024)
* Thesis committee member – Internal Northern Arizona University
  + Madison Long (2023-2025)
  + April Rose Vollmer (2022-2023)
  + Mauricio Atencio (2022-2023)
* Thesis committee member – External
  + Judy Galindo, University of California, San Diego (2022-2024)
  + Yareli Rocío de la Cruz Rivera, Universidad Autónoma de Baja California
* Doctoral Research Mentor
  + Miracle Macias Burgos (PhD; 2024 – current)
  + Sandra Thomas (PsyD; 2023 – current)
  + Alexandra Manriquez (PsyD; 2024 – 2025)
  + Kimberly Mora (PhD; 2023-2024)
  + Jeffersson Brasil Pires Dos Santos (PhD; 2023 - current)
  + Amanda Acevedo-Morales (PsyD; 2023 - 2025)
  + Yesenia Cruz Carrillo (PhD; 2023-current)
  + Michele Lee (PhD; 2022-2023)
  + Schan Lartigue (MD; 2020-2022)
  + Terence Meyerhoefer (MD; 2019-2021)

**Guest Lectures/Invited speaking:**

Fall 2024, Social Behavioral Science Research, OneHealth, Biological Sciences PhD students, College of Health and Human Services, Northern Arizona University

Fall 2022 & Fall 2023, Life-Work Balance and Stress in Academia, IH685: Graduate Research, Ph.D. students, College of Health and Human Services and College of Social and Behavioral Sciences, Northern Arizona University

Spring 2022, Measurement and Psychometrics, NUR609: Quantitative Research Methods and Design, Ph.D. students, College of Nursing and Health Innovation, Arizona State University

Fall 2021, How to Succeed as a Ph.D. Student, NUR601: Scientific Role Development I. Ph.D. students, College of Nursing and Health Innovation, Arizona State University

Spring 2020, Networking at Professional Conferences, NUR607: Scientific Role Development III. Ph.D. students, College of Nursing and Health Innovation, Arizona State University

Fall 2019, Mindfulness and Substance Use Disorders, PSYC1301: Introduction to Psychology, Department of Psychology, University of Texas at El Paso

Spring 2019, Measurement and Psychometrics, NUR609: Quantitative Research Methods and Design, Ph.D. students, College of Nursing and Health Innovation, Arizona State University

Spring 2018, Mental Health Disorders and Compassion, HCR220: Intro Nursing and Health Care Systems, College of Nursing and Health Innovation, Arizona State University

Spring 2016, Data Collection in Health Science, HCR335: Program Development & Management in Community Health, College of Nursing and Health Innovation, Arizona State University

**Honors, Awards, & Scholarships**

#### 2025 National Institutes of Health (NIH) Office of Behavioral and Social Science Research (OBSSR) Matilda White Riley Paper Award

#### 2025 Northern Arizona University, Impactful Educator Award, Center for International Education

#### 2025 Northern Arizona University, Undergraduate Research Mentorship Award

#### 2025 Flinn Faculty Fellowship, Northern Arizona University

#### 2023 American Mindfulness Research Association Early Career Scientist Award

#### 2023 NAU Office of Undergraduate Research and Creative Activity Faculty Mentor Professional Learning Grant Award

#### 2023 Center for Underrepresented Research in Addictions Training Program (R25DA050727)

#### 2023 National Institute on Drug Abuse (NIH/NIDA), Diversity Scholars Network (NDSN)

#### 2022 National Institute on Minority Health and Health Disparities (NIH/NIMHD), Health Disparity Research Institute, summer training program

#### 2022 Research Society on Alcohol, Nadia Chaudhri Rising Scholar Award

#### 2022 The Michigan Integrative Well-Being and Inequality Training Program (R25AT010664)

#### 2022 Yale Postdoctoral Association Symposium, Best Oral Presentation

#### 2022 Association for Clinical and Translational Science, Outstanding Post-Doctoral Trainee

#### 2020 College on Problems of Drug Dependence, National Institute on Drug Abuse, Women & Sex/Gender Junior Investigator Award

#### 2020 ASU GPSA Outstanding Graduate Mentor Award

#### 2019 ASU GPSA Outstanding Graduate Research Award

#### 2019 ASU Graduate and Professional Student Association, Travel Grant

#### 2019 National Hispanic Science Network, National Institute on Drug Abuse, Travel Grant

#### 2019 Society for Prevention Research, Travel Grant

#### 2019 ASU Center for Mindfulness, Mindfulness Leadership Certificate

#### 2019 ASU Calvin C. Lorenz Nursing Scholarship Endowment

#### 2018 ASU Graduate and Professional Student Association, Career Development Grant

#### 2018 ASU Graduate and Professional Student Association, Travel Grant

#### 2018 Society for Prevention Research, Travel Grant

#### 2017 ASU Calvin C. Lorenz Nursing Scholarship Endowment

#### 2016 Interdisciplinary Research Training Institute on Hispanic Drug Use (5R25DA026401)

#### 2016 ASU Institute for Social Science Research, 2nd place Dissertation Proposal Award

#### 2015 The University of Texas at El Paso, Graduate School, Travel Grant

#### 2015 Society for Prevention Research, Travel Grant

#### 2014 National Hispanic Science Network, National Institute on Drug Abuse, New Investigator Panel Travel Award

#### 2014 The University of Texas at El Paso, Graduate School, Travel Grant

#### 2014 Association of Psychological Science, Travel Grant

#### 2013 San Diego State University, Student Research Symposium, Deans Award

**Academic Service and Leadership**

#### **National Association Committees:**

#### 2024 – ongoing Founder, NAU Chair, Binational Committee for Graduate Education on Latino Mental Health. Collaboration with Autonomous University of Baja California (UABC) in Mexicali, Mexico

#### 2024 – ongoing Steering Committee Member, National Hispanic Science Network

#### 2024 Scientific Co-Chair, National Hispanic Science Network Annual Conference

#### 2021 – 2023 Committee Member, Clinical and Translational Science Awards: Well-Being Integration Working Group

#### 2020 – 2022 Conference Program Committee Member, National Hispanic Science Network

#### 2019 – 2021 Poster Session Chair, Early Career Leadership Committee, National Hispanic Science Network

#### 2019 Poster Judge, Early Career Poster Contest, Society for Prevention Research

#### 2018 – 2020 Early Career Liaison, Membership Committee, Society for Prevention Research

#### 2015 – 2016 Program Committee member, Early Career Preventionists Network, Society for Prevention Research

#### 2015 – 2019 Steering Committee member, Early Career Preventionists Network, Society for Prevention Research

#### 2014 – 2015 Campus Representative, Graduate Student Caucus, Association for Psychological Science

#### **Internal University Committees:**

#### 2023 – 2024 Committee member, Advancement Committee, Psychological Sciences, Northern Arizona University

#### 2018 – 2020 Founder and Chair, Early Career Mindfulness Council, Center for Mindfulness, Compassion and Resilience, Arizona State University

#### 2018 – 2019 Committee Member, Diversity, Equity, and Inclusion Committee, Graduate and Professional Student Association, Arizona State University,

#### 2018 – 2020 Committee Member, Assembly Operations Committee, Graduate and Professional Student Association, Arizona State University

#### 2018 – 2019 College Assembly Representative, Graduate and Professional Student Association, Arizona State University

#### 2016 – 2019 Chair, Ph.D. Student Association, College of Nursing and Health Innovation, Arizona State University

#### 2015 – Ongoing Mentor, Aztec Student Mentor Program, San Diego State Alumni Association

#### 2015 Graduate Student Representative, Interdisciplinary Research Committee, The University of Texas at El Paso

#### 2014 Poster Judge, Undergraduate Research Initiative Annual Symposium, The University of Texas at El Paso

#### 2013 Graduate Assistant, Graduate Research Expo, The University of Texas at El Paso

2011 Vice President, Associated Student Council, Imperial Valley Campus, San Diego State University

#### **Community Service:**

#### 2025 Host, Dia de las Madres, stress reduction and self-care event for moms, Flagstaff, Arizona

#### 2024 Presenter “Know your Pour” Alcohol serving size education, Health Fair, Flagstaff Mall, Flagstaff, Arizona

#### 2019 Facilitator, Free 4-week Community Mindfulness Course, Las Cruces, NM

#### 2019 Facilitator, Mindfulness for Emerging Adults, Bloom365 Teen Dating Violence Prevention, Phoenix, AZ

#### 2014 Invited Science Fair Judge, Vilas Elementary School, El Paso, TX.

#### **Conference Abstract Reviewer:**

#### 2016 – 2017 Society of Prevention Research

#### 2019 – 2024 National Hispanic Science Network

#### **Journal Editing:**

#### 2022 – 2023 Guest Editor, *Journal of Clinical and Translational Science*, Special Themed Issue on Well-Being in Clinical and Translational Science

#### **Editorial Board:**

#### 2019 – 2021 Mentored Reviewer, Early Career Editorial Board, *Prevention Science*

#### **Ad-Hoc Journal Reviewer:**

#### **Reviewer Since Journal Name**

#### 2024 *Journal of Substance Use and Addiction Treatment*

#### 2024 *Pharmacology, Biochemistry and Behavior*

#### 2024 *Frontiers in Psychiatry*

#### 2023 *Journal of Integrative Care*

#### 2023 *Cultural Diversity and Ethnic Minority Psychology*

#### 2022 *Journal of Racial and Ethnic Health Disparities*

#### 2022 *Addiction Science & Clinical Practice*

#### 2022 *Behavioral Medicine*

#### 2022 *Journal of Substance Abuse Treatment*

#### 2022 *Journal of Substance Use*

#### 2019 *Prevention Science*

#### 2018 *Psychological Reports*

#### **Grant Reviewer:**

#### 2024 – ongoing Early Career Reviewer, Interventions to Prevent and Treat Addictions (IPTA), Clinical Care and Health Interventions Review Branch, NIH Center for Scientific Review

#### 2019 – 2020 Grant Reviewer, Substance Abuse and Mental Health Services Administration (SAMHSA)

**Professional Memberships**

#### College on Problems of Drug Dependence 2025 – ongoing

#### Research Society on Alcohol 2022 – ongoing

#### Association for Clinical and Translational Science 2020 – 2022

#### American Public Health Association 2019 – 2020

#### Western Institute of Nursing 2016 – 2017

#### Society for Prevention Research 2014 – 2020

#### National Hispanic Science Network 2014 – ongoing

#### Association for Psychological Science 2013 – 2015

#### Western Psychological Association 2011 – 2015

**Summary of Relevant Trainings, Courses, and Certifications**

#### Yale University – Postdoctoral Coursework

#### Investigative Medicine: Writing NIH K-or R-type Grant Proposal 2022

**Workshops/Trainings**

NAU Equitable and Inclusive Teaching Seminar 2023

National Institute on Drug Abuse, Diversity Scholar Network 2023

Mixed Methods Research Training Program for the Health Sciences, 2023  
Johns Hopkins Bloomberg School of Public Health

Health Disparity Research Institute, National Institute on Minority Health and 2022  
Health Disparities

The Michigan Integrative Well-Being and Inequality Training Program 2022  
funded by The National Center for Complementary and Integrative Health

ASU Office of Knowledge Enterprise Development Workshop Series 2019   
Introduction to Federal Agency Grant Proposal Development  
 Budgeting Creating a Responsive Proposal   
 Proposal Writing I – Writing techniques   
 Proposal Writing II – How to use software   
 Proposal Layout and Graphics

ASU Master Class for Teaching Online (1-month) 2019

Introduction to Latent Class Analysis and Latent Profile Analysis (2-day) 2018  
Facilitator: Bethany Bray, Ph.D. Frances McClelland Institute - U of AZ

Mindfulness-Based Stress Reduction (8-week)

Facilitator: Ann Sebren, Ed.D. 2017  
Facilitator: Anne Dutton, MA, LCSW 2020

Interdisciplinary Research Training Institute on Hispanic Drug Abuse (7-day) 2016  
Summer Training Program Funded by NIH/NIDA

Mediation, Moderation, and Conditional Process Analysis (1-day) 2014  
Facilitator: Andrew F. Hayes, Ph.D. Association for Psychological Science

#### **Certifications (renewed every 4 years)**

#### Collaborative Institutional Training Initiative (CITI)

#### Social & Behavioral Research – Basic refresher

#### Social & Behavioral Research – Responsible Conduct or Research

#### Good Clinical Practice – Social & Behavioral Research

#### Duke University – Center for Koru Mindfulness

#### Koru Mindfulness Instructor Training 01/2019

#### Koru Mindfulness Instructor Certification 03/2020

**References**

Julie Ann Baldwin, Ph.D.

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