

**ICS\***  
**Follow up**

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	Study
	ID
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ICSOFU- Revised 3/27/96 3 Pages	

**Part 1**

**Please circle the alternative which best describes how often the following items have applied to you since the last interview.**

**Please do not include your use of alcohol - just the use of illegal drugs, or prescription drugs you are using not according to the prescription.**

<b>Circle only one answer.</b>	<b>Never</b>	<b>Rarely</b>	<b>Some- times</b>	<b>Often</b>	<b>Always</b>
<b>1. Since the last interview, I have tried to limit the amount of drugs I have used.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>2. Since the last interview, I have tried to resist the opportunity to start using drugs.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>3. Since the last interview, I have tried to slow down my drug use.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>4. Since the last interview, I have tried to use drugs less often.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>5. Since the last interview, I have tried to stop my drug use for a period of time.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

\*Adapted from Alcohol ICS by Heather, N., Tebbutt, J.S., Mattick, R.P. & Zamir, R.  
J Stud Alcohol, 54, 700-709, 1993.

**Part 2**

Please circle the alternative which best describes how often you have experienced the following items since the last interview.

Please note we are not interested in what you believe about your drug use, but what you have actually done since the last interview.

If a statement does not apply to your drug use since the last interview, circle “does not apply”. Please use this answer as little as possible and only if no other alternative makes sense.

<b>Circle only one answer.</b>	<b>Never</b>	<b>Rarely</b>	<b>Some- times</b>	<b>Often</b>	<b>Always</b>	<b>Does not apply</b>
<b>1. Since the last interview, I have found it difficult to limit the amount of drugs used.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>2. Since the last interview, I have started using drugs even after deciding not to.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>3. Since the last interview, even when I intended using only a little amount of drugs, I have ended up using much more.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>4. Since the last interview, I have been able to cut down my drug use when I wanted to.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>5. Since the last interview, I have started using drugs at times when I knew it would cause me problems (e.g. problems at work, with family/friends or with the police, etc.).</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>6. Since the last interview, I have been able to stop using drugs easily after using a little.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7. Since the last interview, I have been able to stop using drugs before becoming completely strung out.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>8. Since the last interview, I have had an irresistible urge to continue using drugs once I started.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>9. Since the last interview, I have found it difficult to resist using drugs, even for a single day.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>10. Since the last interview, I have been able to slow down my drug use when I wanted to.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>

### Part 3

In the previous section we asked you about what actually happened with your drug use since the last interview. In this section we are interested in what you think would happen with your drug use now if you did use.

<b>Circle only one answer.</b>	<b>Strongly Agree</b>	<b>Agree</b>	<b>Undecided</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
<b>1. I would have difficulty limiting the amount I use.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>2. I would take drugs, even if I'd decided not to.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>3. Even if I intended using only a little, I would end up using much more.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>4. I could cut down my drug use if I wanted to.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>5. I would start using drugs at times when I knew it would cause me problems (e.g. problems at work, with family/friends or with the police, etc.).</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6. I could stop using drugs easily after using a little</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>7. I would be able to stop using drugs before becoming completely strung out.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>8. I would have an irresistible urge to continue using drugs once I started.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>9. I would find it difficult to resist using drugs, even for a single day.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>10. I could slow down my drug use if I wanted to.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>