

Theresa B. Moyers, Ph.D.
Clinical Psychologist
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Albuquerque, New Mexico 87106
505-265-8274

Current Position

Assistant Professor: Psychology Department, University of New Mexico
Research Associate: Center for Alcoholism, Substance Abuse and Addictions (CASAA)

Past Professional Positions

Associate Research Professor: Psychology Department, University of New Mexico (2000-2005)
Treatment Director, Substance Abuse Treatment Program: VAMC, Albuquerque (1991-2000)

Licenses and Certification

Licensed Psychologist New Mexico #558 License issued 1993

Awards

Distinguished Lecturer: University of South Florida College of Nursing January 11, 2008

Education

1991	Ph.D. Clinical Psychology, University of New Mexico, Minor in Addictive Behaviors
1988	M.S. Clinical Psychology, University of New Mexico
1989-90	Predoctoral Internship, Palo Alto VA Medical Center
1984	B.S. Psychology: Magna cum laude, University of New Mexico

Research Grants

Primary Investigator: Testing Theory-based Training in Motivational Interviewing. NIDA 021227-01 (2007-2011). 2, 088, 698.000

Primary Investigator: Motivational Interviewing to Prevent Alcohol Abuse. Department of Defense, DAMD 17-01-1-0681. (2002-2005) \$1,336,262. 000 (no cost extension through 8/31/07)

Primary Investigator: How does Motivational Interviewing Prevent Alcohol Abuse? NIAAA 1R01AA13696-01. (2002-2005) \$692,317.000 (no cost extension through 8/31/07)

Co-Investigator: Evaluating Methods for Motivational Enhancement Training; NIDA 1999-2003. NIDA Ro1 DA 13801. Completed

Co-investigator: A Randomized Trail of Sertraline in the Treatment of Alcoholism NIAAA 1992-1996. Completed

Co-investigator: Project MIDAS: Motivational Interviewing for Drug Abusing Clients NIDA funded 1993-1998. Completed

Grant Review Committees

NIMH Programs of Excellence ZMH1 ERB-D (09) Meeting April 24, 2008 Chair: Michael Thase, M.D.

Clinical Practice

- 1990- 1992 **Staff Psychologist:** Post Traumatic Stress Disorder Treatment Program, Veterans Affairs Medical Center. Responsible for direct patient care including evaluation, treatment of individuals and families and program evaluation.
- 1992-1999 **Clinical Director:** Substance Abuse Treatment Program. Veteran’s Affairs Medical Center. Responsible for oversight of full spectrum of clinical activities for outpatient programs. Duties included development and implementation of treatment programs, supervision of students and interns, program evaluation, research and direct patient care.

Professional Service

- Member Institutional Review Board: University of New Mexico (2006 – present)
- Conference Co-Chair International Conference on the Treatment of Addictive Behaviors
Heidelberg, Germany 2003
Santa Fe, New Mexico, USA 2006
- Member/Chair Motivational Interviewing Network of Trainers (MINT)
2003-2005
- Ad Hoc Reviewer Journal of Substance Abuse Treatment
Journal of Consulting and Clinical Psychology
Psychology of Addictive Behaviors
Cognitive Therapy and Research
Behavioural and Cognitive Psychotherapy
Addiction
Drug and Alcohol Dependence
- Chair Institutional Review Board. Veteran’s Affairs Medical Center:
Albuquerque 1997-98
- Member Committee for American Society of Addiction Medicine: Practice
Standards For Screening of Substance Use Disorders in Primary
Care Settings (1997-99)

Teaching Experience

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| Assistant Professor
2005-present | Professional Ethics | Psychology 630 |
| | Alcoholism | Psychology 430 |
| Associate Research Professor
2000 to 2004: | Alcoholism | Psychology 430 |
| | Behavior Therapies | Psychology 455 |
| | Abnormal Psychology | Psychology 332 |
| Instructor
1990-1999 | University of New Mexico, Department of Continuing
Education, Alcohol and Drug Studies Program | |

Invited Workshops

Instructor New Zealand School for the Addictions 2003, 2004

Trainer Motivational Interviewing Training for New Trainers 1999-2005, 2007, 2008

Invited Presentations

Moyers, T. B. What makes MI work? Exploring client language as an active mechanism in motivational interviewing. Plenary address, First International Conference on Motivational Interviewing. Interlaken, Switzerland. June 10, 2008.

Moyers, T. B. Active ingredients in substance abuse treatments: What makes them work? Presented at the International Addiction Summit, Melbourne, Australia, July 12, 2008.

Moyers, T. B. Motivational Interviewing in Healthcare Settings. University of South Florida, College of Nursing. Distinguished Lecturer: University of South Florida College of Nursing January 11, 2008

Moyers, T. B. How does Motivational Interviewing Work? Examining client and therapist exchanges in MI. Presented at the International Conference for Addictive Behaviors, Santa Fe, N.M. February 1, 2006

Moyers, T. B. Active ingredients of motivational interviewing using the MISC. Research Society on Alcoholism (RSA); Satellite Conference: The Search for Mechanisms of Change in Evidence-based Behavioral Treatment, Santa Barbara, CA. June 25, 2005

Moyers, T. B. Testing predictions for how motivational interviewing works: Implications for training. Presented at the International Meeting of the Society for Psychotherapy Research, June 24, 2006. Edinburgh, Scotland.

Publications

Videotapes

Miller, W. R., Rollnick, S. & Moyers, T. B. (1998) Motivational Interviewing: Professional Training Videotape Series (6-part series). University of New Mexico: CASAA.

Training Manuals

Apodaca, T., **Manuel, J.K.**, Moyers, T.B., & Amrhein, P. (2007). Motivational Interviewing with Significant Others (MISO) coding manual. *Unpublished coding manual*. University of New Mexico, Center on Alcoholism, Substance Abuse, & Addictions and Brown University, Center for Alcohol & Addiction Studies.

Manuel, J.K., & Moyers, T.B. (2007). Introduction to Motivational Interviewing Training Manual. *Unpublished training manual*. University of New Mexico, Center on Alcoholism, Substance Abuse, & Addictions.

Moyers, T.B., **Manuel, J.K.**, Christopher, P., & Amrhein, P. (2006). Client language assessment in motivational interviewing (CLAMI) segment. *Unpublished coding manual*. University of New Mexico, Center on Alcoholism, Substance Abuse, & Addictions.

Moyers, T.B., Martin, T., Manuel, J.K., Miller, W.R., & Ernst, D.E. (2007). The Motivational Interviewing Treatment Integrity (MITI) Code 3.0. *Unpublished coding manual*. University of New Mexico, Center on Alcoholism, Substance Abuse, & Addictions.

Peer Reviewed Journals

Moyers, T. B., Houck, J.M., Miller, W. R., Longabaugh, R. & Arciniega, L. T. (submitted for publication). The impact of the Combined Behavioral Intervention (CBI) on client outcomes in the Combine study.

Moyers, T. B., Manuel, J.K., Wilson, P., Hendrickson, S.M.L., Talcott, W. & Durand, P. (2008). A randomized trial investigating training in motivational interviewing for behavioral health providers. *Behavioural and Cognitive Psychotherapy*, 36, 149-162.

Moyers, T. B., Martin, T., Tonigan, J.S., Christopher, P.J., Houck, J.M. and Amrhein, P. (2007). Client language as a mediator of motivational interviewing efficacy: Where is the evidence? *Alcoholism: Clinical and Experimental Research*, 31 (S3), 40s-47s. DOI: 10.1111/j.1530-0277.2007.00492.x

Miller, W. R. & **Moyers, T. B.** (2006) Eight Stages in Learning Motivational Interviewing. *Journal of Teaching in the Addictions*, 5(1), 3-18.

Moyers, T. B. & Martin, T. (2006). Therapist influence on client language during motivational interviewing sessions: Support for a potential causal mechanism. *Journal of Substance Abuse Treatment*, 30, 245-251.

Schermer, C.R., **Moyers, T. B.**, Miller, W. R. & Bloomfield, L. (2006). Trauma center brief interventions for alcohol disorders decrease DUI arrests. *Journal of Trauma*, 60, 29-34.

Moyers, T. B., Miller, W.R. & Hendrickson, S.M.L. (2005) What makes motivational interviewing work? Therapist interpersonal skill as a predictor of client involvement within motivational interviewing sessions. *Journal of Consulting and Clinical Psychology*, 73(4), 590-598.

Miller, W. R., **Moyers, T. B.**, Arciniega, L. & Ernst, D. (2005). Training, supervision and quality monitoring of COMBINE's behavioral interventions. *Journal of Studies on Alcohol*, 66, Supplement 15, 188-195.

Moyers, T. B., Martin, T., Manuel, J.K., Hendrickson, S.M.L. & Miller, W. R. (2005). Assessing competence in motivational interviewing. *Journal of Substance Abuse Treatment*, 28, 19-26.

Moyers, T. B. (2004) History and happenstance: How motivational interviewing got its start. *Journal of Cognitive Psychotherapy*, 18(4), 291-298.

Miller, W. R., Yahne, C.E., **Moyers, T. B.**, Martinez, J. & Pirratano, M. (2004). A randomized trial of methods to help clinicians learn motivational interviewing. *Journal of Consulting and Clinical Psychology*, 72, 1050-1062.

Miller, W. R., **Moyers, T. B.**, Arciniega, L.T., DiClemente, C., LoCastro, J., Longabaugh, R., & Zweban, A. (2003). A combined behavioral intervention for treating alcohol dependence. *Alcoholism: Clinical and Experimental Research*, 27(5, Supplement), 113A.

- Moyers, T.B., Martin, T., Catley, D., Harris, K.J., Ahluwalia, J.S.** (2003). Assessing the integrity of motivational interviewing interventions: Reliability of the Motivational Interviewing Skills Code. *Behavioural and Cognitive Psychotherapy, 31*, 177-184.
- Graeber, D.A., **Moyers, T.B., Griffith, G., Guajardo, E. & Tonigan, S.** (2003). A pilot study comparing motivational interviewing and an educational intervention in patients with schizophrenia and alcohol use disorders. *Community Mental Health, 39* (3), 189-202.
- Moyers, T. B. & Rollnick, S.** (2002). A motivational interviewing perspective on resistance. *Journal of Clinical Psychology: In Session. Volume 58*(2), 185-193.
- Moyers, T. B. & Yahne, C. E.** (1998) *Motivational interviewing in substance abuse treatment: Negotiating roadblocks.* Journal of Substance Misuse, 3, 30-33.
- Noonan, W. C. & **Moyers, T. B.** (1997) *Motivational interviewing: A review.* Journal of Substance Misuse, 2, 8-16.
- Moyers, T. B. & Miller, W. R.** (1993) *Therapist's conceptualizations of alcoholism: Implications for treatment.* Psychology of Addictive Behaviors, 7, 238-245.

Book Chapters

- Martino, S., & **Moyers, T. B.** (2007). Motivational Interviewing with Dually Diagnosed Patients. In H. Arkowitz, H. A. Westra, W. R. Miller, & S. Rollnick (Eds.) *Motivational Interviewing in the Treatment of Psychological Problems.* New York: Guilford Press.
- Miller, W. R. & **Moyers, T. B.** (2005) Motivational interviewing. In J. Norcross (Ed). *The Psychologist's Desk Reference, 2nd Edition*, pp. 267-271. Oxford Press, New York.
- Moyers, T. B.** (2003). Motivational interviewing as a treatment for drug dependence: What does the data tell us? In J.L. Sorenson, R. A. Rawson, J. Gudyish & J.E. Zweban (Eds.). *Drug abuse treatment through collaboration: Practice and research partnerships that work.* Washington, D.C.: American Psychological Association, pp. 139- 150
- Miller, J.H. & **Moyers, T. M.** (2002). Motivational interviewing in substance abuse: Applications for Occupational Medicine. In J.E. Zweban & S.D. Lambert (Eds.) *Occupational Medicine: State of the Art Reviews. Volume 17* (1), pp. 51-65.
- Waldorf, V.A. & **Moyers, T. B.** (2001). Psychotherapy and religion. In Smelser, N. & Baltes, P. (Eds). *International Encyclopedia of the Social and Behavioral Sciences*, 18, pp. 12466-70. Elsevier, Oxford, UK.
- Hester, R.K. & **Moyers, T. B.** (2001). Matching clients with recovery tools: Finding the right keys to unlock the door. In R. Coombs (Ed) *Addiction Recovery Tools: A Practical Handbook.* pp. 383-393. Sage Publications: Thousand Oaks, CA.
- Moyers, T. B.** (2001) Motivational interviewing. In S. Cullari (Ed) *Counseling and Psychotherapy: A Practical Guidebook for Students, Trainees and New Professionals.* Allyn and Bacon: New York. pp 169-181.
- Moyers, T. B. & Hester, R. K.** (1999) Outcome Research: Alcoholism. In M. Galanter and H.D. Kleber (Eds) *Textbook of Substance Abuse Treatment* (Second Edition). American Psychiatric Press: Washington, D. C. pp 129-134.

Moyers, T. B. & Hester, R. K. (1999). Credentialing, Documentation and Evaluation in the Treatment of Addictions. In B. McCrady and B. Epstein (Eds) *Addictions: A Comprehensive Guidebook*. Oxford Press: New York. pp 414-420.

Moyers, T. B. (1998). Motivational interviewing. In G. Hoocher, J. Norcross and S. Hill (Eds) *Psychologist's Desk Reference*. Oxford Press: New York. pp 315-318.

Online Publications

Miller, W. R., **Moyers, T. B.**, Ernst, D., & Amrhein, P. (2003). *Manual for the Motivational Interviewing Skills Code (MISC) v. 2.0*. Retrieved, 2003, from the World Wide Web:
<http://casaa.unm.edu/tandc.html>.

Squires, D.D., & **Moyers, T.B.** (2001, Spring). Motivational enhancement for dually diagnosed consumers. (Available from the Behavioral Health Recovery Management Project c/o Fayette Companies, PO Box 1346, Peoria, IL 61654-1346; or at <http://www.bhrm.org>).

Abstracts and Symposia

Moyers, T. B. Introduction to motivational interviewing and impact on treatment engagement. Presented at Anxiety Disorders Association of America Annual Conference, Symposium 99R: Using Motivational Interviewing to Enhance Treatment Adherence. Chair: H. Blair Simpson. Hyatt Regency Tamaya, New Mexico, March 12, 2009.

Manuel, J.K., Houck, J., & **Moyers, T.B.** (2008). The impact of significant others in motivational enhancement therapy. *Alcoholism: Clinical and Experimental Research*, 32(s1), 960. (Abstract).

Houck, J.M. & **Moyers, T. B.** (2008) What you do matters: Therapist influence on client behavior during MI sessions. Presented at the International Addiction Summit, Melbourne, Australia, July 11, 2008.

Manuel, J.K., Houck, J., & Moyers, T.B. (2007). The impact of significant others in motivational enhancement therapy. *Alcoholism: Clinical and Experimental Research*, 32(6), 250. (Abstract).

Manuel, J.K., Leahigh, L., Hendrickson, S.L., & Moyers, T.B. (2005). Therapist characteristics as predictors of understanding alcoholism. *Alcoholism: Clinical and Experimental Research*, 29(5), 905. (Abstract).

Moyers, T. B. (2007) Impact of process variables in drinking outcomes in Project COMBINE. *Alcoholism: Clinical and Experimental Research*, 31(s2), 147. (Symposium).

Manuel, J.K., Hendrickson, S.L., & **Moyers, T.B.** (2007). Predicting within session client language using the MISC 2.0. *Alcoholism: Clinical and Experimental Research*, 31(6), 121. (Abstract).

Manuel, J. K., **Moyers, T. B.**, Hendrickson, S. M. L., & Miller, W. R. (2006) Comparison of clinician endorsement of the understanding alcoholism scale between a civilian and armed forces sample. Poster presented at the Eleventh International Conference on Treatment of Addictive Behaviors (Ictab), January, 2006.

Moyers, T. B., Manuel, J. K., Wilson, P. G., Hendrickson, S. M. L., Talcott, W., Durand, P., & Cedro, K. M. (2006) Training behavioral health providers in motivational interviewing: Initial results from the TEAM Project. Poster presented at the Eleventh International Conference on Treatment of Addictive Behaviors (Ictab), January, 2006.

- Moyers, T. B., Manuel, J. K., Wilson, P. G., Hendrickson, S. M. L., Talcott, W., Durand, P.,** Therapist skills after motivational interviewing training: The impact of feedback and consult calls. *Alcoholism: Clinical and Experimental Research*, 30(s1), 381. (Abstract).
- Moyers, T. B., Manuel, J.K., Wilson, P., Hendrickson, S.M.L., Talcott, W., Durand, P. & Cedro, K.** (2006) Training behavioral health providers in MI: Initial Results from the TEAM Study. Presented at the International Conference on the Treatment of Addictive Behaviors, January 29, 2006. Santa Fe, N.M.
- Manuel, J.K., **Moyers, T. B., Hendrickson, S.M.L. & Miller, W. R.** (2006) Comparison of clinician endorsement of the UAS between a civilian and armed forces sample. Presented at the International Conference on the Treatment of Addictive Behaviors, February 1, 2006. Santa Fe, N.M.
- Miller, W. R., **Moyers, T. B., Arciniega, L. T., & Steele, J. M.** (2005). Pre-screening therapists for empathy: A potential hiring procedure for substance abuse treatment programs and trials. *Alcoholism: Clinical and Experimental Research*, 29(5, Supplement), 651. (Abstract).
- Schermer, C., **Moyers, T. B., Miller, W. R. & Bloomfield, L.A.** (2005) Trauma Center Brief Interventions for Alcohol Disorders Decrease Intoxicated Driving. American Association for the Surgery of Trauma, Atlanta, September 22-25, 2005
- Manuel, J.K., Leahigh, L., Hendrickson, S.L., & **Moyers, T.B.** (2005). Therapist characteristics as predictors of understanding alcoholism. *Alcoholism: Clinical and Experimental Research*, 29(5), 905. (Abstract).
- Lewis-Fernández, R., Alfonso, C., Balán, I, Sánchez-Lacay, A., Schmidt, A., Blanco, C., **Moyers, T., Liebowitz, M.** Supplementary Motivational Interviewing Improves Hispanic Retention in Antidepressant Therapy. Presented at the New Clinical Drug Evaluation Unit (NCDEU) Conference, Boca Raton, FL. June 7, 2005.
- Hendrickson, S. M. L., Martin, T., Manuel, J. K., Christopher, T., Thiedeman, T., & **Moyers, T. B.** (2004). Assessing reliability of the Motivational Interviewing Treatment Integrity behavioral coding system under limited range. *Alcoholism: Clinical and Experimental Research*, 28(5), (Supplement), 405.
- Moyers, T. B.** (2003). What should we be teaching? Using process analyses to guide training. Plenary address: International Conference for the Treatment of Addictive Behaviors. Heidelberg, Germany, September 8, 2003.
- Moyers, T. B.** (2003). Teaching motivational interviewing: measuring therapist competency with the Motivational Interviewing Treatment Integrity Scale (MITI). Symposium presented at the Annual Convention of the College for Problems in Drug Dependence. Fort Lauderdale, Florida, June 15, 2003.
- Moyers, T. B. & Martin, T. M.** (June, 2003). Associations between client and therapist behaviors: Partial validation of the motivational interviewing approach. Paper presented at the Annual Convention of the College for Problems in Drug Dependence. Fort Lauderdale, Florida, June 19, 2003.
- Martin, T. & **Moyers, T.B.** (June, 2003). Expressions of resistance to change at intake predict abstinence one year later. Poster session presented at the annual meeting of the College of Problems on Drug Dependence, Ft. Lauderdale, FL.
- Moyers, T. B. & Love, J.** (1994) *Therapist's initial judgments about alcoholics: Do they influence*

treatment process and outcome? Presented at the Annual Convention of the Association for the Advancement of Behavior Therapy, San Diego, CA.