

## Bibliography of Controlled Trials Treatment for Alcohol Use Disorders

Since 1980, a research team headed by Dr. William Miller has been publishing reviews of the treatment outcome literature for alcohol use disorders. Beginning in 1995, we included in our reviews only studies that: (1) evaluated at least one treatment for alcohol use disorders; (2) compared treatment with an alternative condition such as a control group, a placebo, a brief intervention, or an alternative treatment; (3) used a procedure (typically randomization) designed to yield equivalent groups before treatment; and (4) reported at least one dependent measure of drinking or alcohol-related consequences. This ongoing project was dubbed *Mesa Grande* because of the large table of studies it generated, each with multiple ratings by independent coders. Reviews to date include:

1. Miller, W. R., Brown, J. M., Simpson, T. L., Handmaker, N. S., Bien, T. H., Luckie, L. F., Montgomery, H. A., Hester, R. K., & Tonigan, J. S. (1995). What works? A methodological analysis of the alcohol treatment outcome literature. In R. K. Hester & W. R. Miller (Eds.), Handbook of alcoholism treatment approaches: Effective alternatives (2nd ed., pp. 12-44). Boston, MA: Allyn and Bacon.
2. Miller, W. R., Andrews, N. R., Wilbourne, P., & Bennett, M. E. (1998). A wealth of alternatives: Effective treatments for alcohol problems. In W. R. Miller & N. Heather (Eds.), Treating addictive behaviors: Processes of change (2nd ed., pp. 203-216). New York: Plenum Press.
3. Miller, W. R., & Wilbourne, P. L. (in press). Mesa grande: A methodological analysis of clinical trials of treatments for alcohol use disorders. Addiction.

The bibliography below is the cumulative set of studies identified and rated in the *Mesa Grande* Project to date. We welcome your calling our attention to other studies that meet with above criteria but are not currently reflected in the bibliography (email: [wrmiller@unm.edu](mailto:wrmiller@unm.edu)).

### ***Mesa Grande* Project Bibliography**

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