



The University of New Mexico

Center on Alcoholism, Substance Abuse and Addictions (CASAA)  
MSC 11 6280  
1 University of New Mexico  
Albuquerque, NM 87131-0001  
Phone: (505) 925-2378  
Fax : (505) 925-2379

02/05

## SELECTED EDUCATIONAL AND RESEARCH MATERIALS\*

### The University of New Mexico Center on Alcoholism, Substance Abuse, and Addictions (CASAA)

Since 1976 we have been conducting research and developing treatment and assessment methods for use in clinical settings. In order to facilitate replication and application of our methods, we make copies of our research materials available to colleagues. The items described in this list are provided with the understanding that they are to be used only as reference materials for educational, therapeutic, and research efforts. These materials are protected by various copyrights, and any further reproduction without written permission of the author(s) and/or publisher(s) is prohibited. Some reprints marked "**Reference Only**" are not available for purchase through this office. However, complete reference citations are provided so that, if you have access to a library, you may locate the publications. Please note that Book prices are subject to change.

Because of the large number of requests that we receive, it is necessary to charge a fee for reproduction, handling, and mailing of materials. We regret that the University is unable to cover these costs. If you have a special need for materials but financial constraints prevent you from reimbursing us for these costs, please do return this form along with a special letter of request. On occasion we can provide complimentary materials to be used in research or service projects, and we will honor whatever requests we can. Single reprints of a small number of published articles will always be provided free of charge.

We are not a business, and do not have a FEIN, social security number, or other identification number for payment. We do not have special clerical staff to process orders, submit invoices, etc. Therefore, we require that all orders be accompanied by payment in full (check or money order). Also, for your convenience, orders can be charged on your Mastercard or Visa (completed order form with credit card information may be sent via fax). Orders not accompanied by payment (except for special requests as mentioned above) will be returned unfilled.

If you have special questions or problems with a request, call Delilah Yao at CASAA (505-925-2378). It is sometimes necessary to print more copies of an item in order to fill a request, and peak or break periods at the University may delay processing. Please allow 2-3 weeks for delivery (out-of-country requests = 3-4 weeks).

**Methods of Payment:** 1. Check/Money Order made payable to: UNM/CASAA  
2. Visa or MasterCard

To place an order, please complete order form (attached) and send by postal mail or by fax to:

Delilah Yao  
UNM/CASAA  
MSC 11 6280  
1 University of New Mexico  
Albuquerque, NM 87131-0001

Phone: (505) 925-2378  
Fax : (505) 925-2379

\*For more information about our Center, updated information on this catalog,  
and upcoming Workshop/Conference announcements, visit our website:

<http://CASAA.UNM.EDU>



## RESEARCH REPRINTS

### ASSESSMENT MATERIALS

- A-001 The Drinker's Check-up. [A basic packet of explanatory material on using assessment feedback to motivate client change.]
- A-002 Twelve-Step Involvement Questionnaire (TSIQ) (Questionnaire assessing the extent of a respondent's involvement in the Twelve-step fellowships; adapted for assessment both before and after a treatment experience.)
- General Alcoholics Anonymous Tools of Recovery (GAATOR 2.1) (A 24-item inventory to measure the extent to which a respondent endorses prescribed AA behaviors and beliefs.)
- A-003 Miller, W. R. (1989). SOCRATES: The Stages of Change Readiness and Treatment Eagerness Scale. [Research scale, under development, for assessing the Prochaska & DiClemente stages of change for problem drinkers. Includes scoring instructions.] **Also includes:**
- Miller, W. R., & Tonigan, J. S. (1996). Assessing drinkers' motivation for change: The stages of change readiness and treatment eagerness scale (SOCRATES). Psychology of Addictive Behaviors, 10, 81-89.
- A-004 Miller, W. R. (1991, June). Quantum Experience Retrospective Interview (QUERI): Interviewers Manual. [A structured interview protocol to help individuals in describing important transformational experiences that have shaped their lives.] University of New Mexico, Albuquerque, NM.
- A-005 Miller, W. R., Hedrick, K. E., & Orlofsky, D. (1991). The Helpful Responses Questionnaire: A procedure for measuring therapeutic empathy. Journal of Clinical Psychology, 47, 444-448.
- A-006 Miller, W. R. (1993). Values Card Sort.
- A-007 Marlatt, G. A., Miller, W. R., & Baer, J. S. (1993). Evaluating individual difference dimensions. In B. S. McCrady & W. R. Miller (Eds.), Research on Alcoholics Anonymous: Opportunities and Alternatives (pp. 285-299). New Brunswick, NJ: Rutgers Center of Alcohol Studies.
- A-008 Markham, M. R., Miller, W. R., & Arciniega, L. (1993). BACCuS 2.01: Computer software for quantifying alcohol consumption (A Blood Alcohol Concentration Calculating System). Behavior Research Methods, Instruments, and Computers, 25, 420-421. [IBM-compatible PC software; converts alcohol consumption data into standard drink units and BAC peak estimations, generates individualized BAC tables, performs necessary calculations for scoring the Drinker Profile instruments and for converting weekly self-monitoring cards into summary statistics. Includes program disk and manual.]
- A-009 Miller, W. R., & Del Boca, F. K. (1994). Measurement of drinking behavior using the Form 90 Family of Instruments. Journal of Studies on Alcohol, (Suppl. 12), 112-118.
- A-010 Cervantes, E. A., Miller, W. R., & Tonigan, J. S. (1994). Comparison of timeline follow-back and averaging methods for quantifying alcohol consumption in treatment research. Assessment, 1, 23-30.
- A-011 Grant, K. A., Tonigan, J. S., & Miller, W. R. (1995). Comparison of three alcohol measures: A concurrent validity study. Journal of Studies on Alcohol, 56, 168-172.
- A-012 Miller, W. R., Westerberg, V. S., & Waldron, H. B. (1995). Evaluating alcohol problems in adults and adolescents. In R. K. Hester & W. R. Miller (Eds.), Handbook of alcoholism treatment approaches (2nd ed.), (pp. 61-88). Allyn & Bacon.

- A-013 Miller, W. R., & Moyers, T. (1995). The Understanding of Alcoholism Scale (Revised). [Research scale, for assessing counselors' conceptions of alcoholism.] **Also includes:**
- Moyers, T. B., & Miller, W. R. (1993). Therapists' conceptualization of alcoholism: Measurement and implications for treatment decisions. Psychology of Addictive Behaviors, *7*, 238-245.
- A-014 Miller, W. R. (1995). The AWARE Questionnaire (Advance WArning of Relapse)
- A-015 Miller, W. R., Tonigan, J.S., & Longabaugh, R. (1995). The Drinker Inventory of Consequences (DRINC): An instrument for assessing adverse consequences of alcohol abuse, Test Manual. (Volume 4, Project MATCH Monograph Series). Rockville, MD: NIAAA. [Research scale for assessing alcohol-related life problems, as distinct from alcohol dependence.]
- A-016 Miller, W. R. (1996). Manual for Form 90: A structured drinking assessment interview for drinking and related behaviors. (Volume 5, Project MATCH Monograph Series). Rockville, MD: NIAAA. [Manual and assessment protocols from Project MATCH plus drug card sort.]
- A-017 Tonigan, J. S., Connors, G. J., & Miller, W. R. (1996). Alcoholics Anonymous Involvement (AAI) Scale: Reliability and Norms. Psychology of Addictive Behaviors, *10*, 75-80.
- A-018 Connors, G. J., Tonigan, J. S., & Miller, W. R. (1996). A measure of religious background and behavior for use in behavior change research. Psychology of Addictive Behaviors, *10*, 90-96.
- A-019 W. R. Miller, & Marlatt, G. A. (1996). Part I. Relapse Interview - Intake. Addiction, *91* (Suppl), S231-S240.
- A-020 Tonigan, J. S., Miller, W. R., & Brown, J. M. (1997). The Reliability of Form 90: An Instrument for Assessing Alcohol Treatment Outcome. Journal of Studies on Alcohol, *58*, 358-364.
- A-021 Miller, W. R., & Cervantes, E. A. (1997). Gender and patterns of alcohol problems: pretreatment responses of women and men to the comprehensive drinker profile. Journal of Clinical Psychology, *53*, 263-277.
- A-022 Grant, K. A., Arciniega, L. T., Tonigan, J. S., Miller, W. R., & Meyers, R. J. (1997). Are reconstructed self-reports of drinking reliable? Addiction, *92*, 601-606.
- A-023 Westerberg, V. S., Tonigan, J. S., Miller, W. R. (1998). Reliability of Form 90: An Instrument for Quantifying Drug Use. Substance Abuse, *19*, 179-189.
- A-024 Miller, W. R., & Viets, V. L. (1999). Gambler Profile. CASAA/UNM.
- A-025 Brown, J. M., Miller, W. R., & Lawendowski, L. A. (1999). The Self-Regulation Questionnaire. In L. Vandecreek & T. L. Jackson (Eds.), Innovations in clinical practice: A source book. Vol. 17, pp. 281-293. Sarasota, FL: Professional Resources Press.
- A-026 Miller, W. R., & Harris, R. J. (2000). A simple scale of Gorski's warning signs of relapse. Journal of Studies on Alcohol, *61*(5), 759-765.

## **BOOKS**

- B-001 Miller, W. R. (Ed.) (1980). The addictive behaviors: Treatment of alcoholism, drug abuse, smoking, and obesity. Oxford: Pergamon Press.
- B-002 Miller, W. R., & Muñoz, R. F. (1982). How to control your drinking. (Rev. Ed., University of New Mexico Press). [Self-help manual for problem drinkers.] **(REFERENCE ONLY - No longer available)**

- B-003 Miller, W. R., Rozytko, V., & Hamburg, S. (1983). Understanding alcoholism and problem drinking (2nd ed.). Davis, CA: International Dialogue Press.
- B-004 Miller, W. R. (1985). Living as if: How positive faith can change your life. Philadelphia: Westminster Press. [For the layperson, on the psychology of faith.] **(REFERENCE ONLY – No longer available)**
- B-005 Miller, W. R., & Jackson, K. A. (1995). Practical psychology for pastors (2nd ed.). Englewood Cliffs, NJ: Prentice-Hall. [Cognitive-behavioral counseling skills.]
- B-006 Miller, W. R., & Heather, N. (Eds.) (1998). Treating addictive behaviors (2nd ed.). New York: Plenum Press.
- B-007 Task force on the Social and Health Effects of Alcohol Use and Abuse (1986). Alcohol use and abuse: The social and health effects. New York: The Program Agency, Presbyterian Church (USA). [Social policy document.]
- B-008 Miller, W. R., & Martin, J. E. (Eds.) (1988). Behavior therapy and religion: Integrating spiritual and behavioral approaches to change. Newbury Park, CA: Sage.
- B-009 Hester, R. K., & Miller, W. R. (Eds.) (1995). Handbook of alcoholism treatment approaches: Effective alternatives (2nd ed.). Needham Heights, MA: Allyn & Bacon. [Chapters present practical information and guidelines for specific treatment strategies.]
- B-010 Loberg, T., Miller, W. R., Nathan, P. E., & Marlatt, G. A. (Eds.) (1989). Addictive behaviors: Prevention and early intervention. Amsterdam: Swets & Zeitlinger.
- B-011 Miller, W. R., Yahne, C. E., & Rhodes, J. M. (1990). Adjustment: The psychology of change. Englewood Cliffs, NJ: Prentice-Hall. **(REFERENCE ONLY - No longer available)**
- B-012 Heather, N., Miller, W. R., & Greeley, J. (1991). Self-control and the addictive behaviours. Sydney: Maxwell Macmillian Publishing Australia.
- B-013 Miller, W. R., & Rollnick, S. (1991). Motivational interviewing: Preparing people to change addictive behavior. New York: Guilford Press. **(REFERENCE ONLY - No longer available)**
- B-014 Miller, W. R. (Ed.) (1992). Alcoholism: Theory, research, and treatment. (Ginn; 3rd ed.) [Collection of contemporary readings designed for an advanced course in alcoholism.] **(REFERENCE ONLY)**.
- B-015 McCrady, B.S., & Miller, W. R. (Eds.) (1993). Research on alcoholics anonymous: Opportunities and alternatives. NJ: Rutgers Center of Alcohol Studies. **(REFERENCE ONLY – No longer available)**
- B-016 Miller, W. R. (Ed.). (1999). Integrating Spirituality into treatment. Washington, D.C.: American Psychological Association.
- B-017 Miller, W. R., & C' de Baca, J. (2001). Quantum change. New York, NY: Guildford Press.
- B-018 Miller, W. R., & Rollnick, S. (2002). Motivational interviewing: Preparing people for change (2<sup>nd</sup> Ed.). New York, NY: Guildford Press.
- B-019 Hester, R. K., & Miller, W. R. (Eds.) (2003). Handbook of alcoholism treatment approaches: Effective alternatives (3rd ed.). Needham Heights, MA: Allyn & Bacon.
- B-020 Miller, W. R., & Muñoz, R. F. (2004). Controlling your drinking: Tools to make moderation work for you. New York, NY: Guildford Press.

## CLINICAL PUBLICATIONS, CASE STUDIES, AND COMMENTARY

- C-001 Miller, W. R. (1983). Motivational interviewing with problem drinkers. Behavioural Psychotherapy, 11, 147-172.
- C-002 Miller, W. R. (1991). Alcohol and You. Prepared for Project MATCH by the Center on Alcoholism, Substance Abuse, and Addictions (CASAA), The University of New Mexico, Albuquerque, New Mexico.
- C-003 Miller, W. R., & Page, A. C. (1991). Warm turkey: Other routes to abstinence. Journal of Substance Abuse Treatment, 8, 227-232.
- C-004 Miller, W. R. (1993). What I would most like to know: What really drives change? Addiction, 88, 1479-1480.
- C-005 Miller, W. R., & Kurtz, E. (1994). Models of alcoholism used in treatment: Contrasting A. A. and other perspectives with which it is often confused. Journal of Studies on Alcohol, 55, 159-166.
- C-006 Miller, W. R., & Sanchez, V. C. (1994). Motivating young adults for treatment and lifestyle change. In G. Howard and P.E. Nathan (Eds.), Alcohol use and misuse by young adults (pp. 55-81). Notre Dame, IN: University of Notre Dame Press. **(REFERENCE ONLY)**
- C-007 Miller, W. R. (1994). Motivational interviewing: III. On the ethics of motivational intervention. Behavioural and Cognitive Psychotherapy, 22, 111-123. **Also includes:**
- Miller, W. R. (1995). The ethics of motivational interviewing revisited. Behavioural and Cognitive Psychotherapy, 23, 345-348.
- C-008 Millers, W. R., & Meyers, R. J. (1995, Spring). Beyond Generic Criteria: Reflections on life after clinical science wins. Clinical Science Newsletter, Section III of Division 12, American Psychological Association, 4-6.
- C-009 Miller, W. R. (1995). Toward a biblical perspective on drug use. Journal of Ministry in Addiction & Recovery, 2, 77-86.
- C-010 Rollnick, S., & Miller, W. R. (1995). What is motivational interviewing? Behavioural and Cognitive Psychotherapy, 23, 325-334. **(REFERENCE ONLY)**
- C-011 Miller, W. R. (1996). Motivational interviewing: Research, practice, puzzles. Addictive Behaviors, 21, 835-832.
- C-012 Miller, W. R., & Bennett, M. E. (1996). Treating alcohol problems in the context of other drug abuse. Alcohol Health and Research World, 20, 118-123.
- C-013 Connors, G. J., Longabaugh, R., Miller, W. R. (1996). Looking forward and back to relapse: Implications for research and practice. Addiction, 91 (Suppl.), S191-S196.
- C-014 Miller, W. R., & Sanchez-Craig, M. (1996). How to have a high success rate in treatment: Advice for evaluators of alcoholism programs. Addiction, 91, 779-785. **Also includes:** (1997). Letters to the Editor. Addiction, 92, 481-487.
- C-015 Miller, W.R. (1997). Spiritual aspects of addictions treatment and research. Mind/Body Medicine, 2, 37-43.
- C-016 Arciniega, L. T., & Miller, W. R. (1997). Where to publish? Some considerations among English-language addiction journals. Addiction, 92, 1639-1648.
- C-017 Miller, W. R., & Brown, S. A. (1997). Why psychologists should treat alcohol and drug problems. American Psychologists, 52, 1269-1279.

- C-018 Miller, W. R., Meyers, J. M., & Hiller-Sturmhöfel, S. (1999). Community-Reinforcement Approach. Alcohol Research & Health, *23*, 116-121.
- C-019 Miller, W. R. (2000). Motivational Interviewing: IV. Some parallels with horse whispering. Behavioural and Cognitive Psychotherapy, *28*, 285-292.
- C-020 Miller, W. R. (2002, April). Spirituality and the treatment of addictions. New Directions in the Study of Alcohol, *25*, 31-39.
- C-021 Miller, W. R. (2004, May). The phenomenon of quantum change. JCLP/In Session, *60(5)*, 453-460.
- C-022 Miller, W. R., & Rollnick, S. (2004). Talking oneself into change. Journal of Cognitive Psychotherapy, *18(4)*.

## **DESIGN AND METHODOLOGY**

- D-001 Matthews, D. B., & Miller, W. R. (1979). Estimating blood alcohol concentration: Two computer programs and their applications in therapy and research. Addictive Behaviors, *4*, 55-60. [For PC versions of these programs see A-015.]
- D-002 Miller, W. R. (1987). Behavioral alcohol treatment research advances: Barriers to utilization. Advances in Behaviour Research and Therapy, *9*, 145-164.
- D-003 Miller, W. R., Heather, N., & Hall, W. (1991). Calculating standard drink units: International comparisons. British Journal of Addiction, *86*, 43-47.
- D-004 Project MATCH Research Group (1993). Project MATCH: Rationale and methods for a multisite clinical trial matching alcoholism patients to treatment. Alcoholism: Clinical and Experimental Research, *17*, 1130-1145.
- D-005 Miller, W. R., & Cooney, N. L. (1994, December). Designing Studies to Investigate Client-Treatment Matching. Journal of Studies on Alcohol, (suppl. 12), 38-45.
- D-006 Miller, W. R., & Westerberg, V. S. (1998). A case-based approach for estimating costs in psychosocial research. Psychological Science, *9*, 419-422.
- D-007 The COMBINE Study Research Group. (2003). Testing combined pharmacotherapies and behavioral interventions in alcohol dependence: Rationale and methods. Alcoholism: Clinical and Experimental Research, *27(7)*, 1107-1122.
- D-008 Miller, W. R., Locastro, J., Longabaugh, R., O'Malley, S., & Zweben, A. (2005). When worlds collide: Blending the divergent traditions of pharmacotherapy and psychotherapy outcome research. Journal of Studies on Alcohol.

## **EMPIRICAL STUDIES**

- E-001 Miller, W. R. (1978). Behavioral treatment of problem drinkers: A comparative treatment outcome study of three controlled drinking therapies. Journal of Consulting and Clinical Psychology, *46*, 74-86.
- E-002 Miller, W. R., & Taylor, C. A. (1980). Relative-effectiveness of bibliotherapy, individual and group self-control training in the treatment of problem drinkers. Addictive Behaviors, *5*, 13-24.
- E-003 Miller, W. R., Taylor, C. A., & West, J. C. (1980). Focused versus broad-spectrum behavior therapy for problem drinkers. Journal of Consulting and Clinical Psychology, *48*, 590-601.

- E-004 Miller, W. R., Gribskov, C. J., & Mortell, R. L. (1981). Effectiveness of a self-control manual for problem drinkers with and without therapist contact. International Journal of the Addictions, 16, 1247-1254.
- E-005 Miller, W. R., Pechacek, T. F., & Hamburg, S. (1981). Group behavior therapy for problem drinkers. International Journal of the Addictions, 16, 829-839.
- E-006 Miller, W. R., & Baca, L. M. (1983). Two-year follow-up of bibliotherapy and therapist-directed controlled drinking training for problem drinkers. Behavior Therapy, 14, 441-448.
- E-007 Carpenter, R. A., Lyons, C. A., & Miller, W. R. (1985). Peer-managed self-control program for prevention of alcohol abuse in American Indian high school students: A pilot evaluation study. International Journal of the Addictions, 20, 299-310.
- E-008 Graber, R. A., & Miller, W. R. (1988). Abstinence and controlled drinking goals for problem drinkers: A randomized clinical trial. Psychology of Addictive Behaviors, 2, 20-33.
- E-009 Miller, W. R., Sovereign, R. G., & Kregge, B. (1988). Motivational interviewing with problem drinkers: II. The drinker's check-up as a preventive intervention. Behavioural Psychotherapy, 16, 251-268.
- E-010 Miller, W. R., & Dougher, M. J. (1989). Covert sensitization: Alternative treatment procedures for alcoholics. Behavioural Psychotherapy, 17, 203-220.
- E-011 Harris, K. B., & Miller, W. R. (1990). Behavioral self-control training for problem drinkers: Components of efficacy. Psychology of Addictive Behaviors, 4, 82-90.
- E-012 Miller, W. R., Leckman, A. L., Delaney, H. D., & Tinkcom, M. (1992). Long-term follow-up of behavioral self-control training. Journal of Studies on Alcohol, 53, 249-261.
- E-013 Miller, W. R., Benefield, R. G., & Tonigan, J. S. (1993). Enhancing motivation for change in problem drinking: A controlled comparison of two therapist styles. Journal of Consulting and Clinical Psychology, 61(3), 455-461.
- E-014 Montgomery, H. A., Miller, W. R., & Tonigan, J. S. (1993). Differences among AA groups: Implications for research. Journal of Studies on Alcohol, 54, 502-504.
- E-015 Brown, J. M., & Miller, W. R. (1993). Impact of motivational interviewing on participation and outcome in residential alcoholism treatment. Psychology of Addictive Behaviors, 7, 211-218.
- E-016 Bien, T. B., Miller, W. R., & Borouhgs, J. M. (1993). Motivational interviewing with alcohol outpatients. Behavioural and Cognitive Psychotherapy, 21, 347-356.
- E-017 Miller, W. R., & C'deBaca, J. (1994). Quantum change: Toward a psychology of transformation. In T. Heatherton & J. Weinberger (Eds.), Can personality change? (pp. 253-280). Washington, DC: American Psychological Association.
- E-018 Miller, W. R., Hertel, P., Saucedo, C., & Hester, R.K. (1994). Effects of alcohol and expectancy on episodic memory in individuals reporting alcoholic blackouts. Experimental and Clinical Psychopharmacology, 2, 161-166.
- E-019 Agostinelli, G., Brown, J. M., Miller, W. R. (1995). Effects of normative feedback on consumption among heavy drinking college students. Journal of Drug Education, 25, 31-40.
- E-020 Luckie, L. F., White, R. E., Miller, W. R., Icenogle, M. V., & Lasoski, M. C. (1995). Prevalence estimates of alcohol problems in a veterans administration outpatient population: Audit vs. mast. Journal of Clinical Psychology, 51, 422-425.

- E-021 Miller, W. R., & C'de Baca, J. (1995). What every mental health professional should know about alcohol. Journal of Substance Abuse Treatment, *12*, 355-365.
- E-022 Montgomery, H. A., Miller, W. R., & Tonigan, J. S. (1995). Does alcoholics anonymous involvement predict treatment outcome? Journal of Substance Abuse Treatment, *12*, 241-246.
- E-023 Tonigan, J.S., Ashcroft, F., & Miller, W. R. (1995). AA group dynamics and 12-step activity. Journal of Studies on Alcohol, *56*, 616-621.
- E-024 Miller, W. R., Westerberg, V. S., Harris, R. J., Tonigan, J. S. (1996). What predicts relapse? Prospective testing of antecedent models. Addiction, *91* (Suppl.), S155-S171.
- E-025 Miller, W. R. (1996). What is a relapse? Fifty ways to leave the wagon. Addiction, *91*(Suppl.), S15-S27
- E-026 Arciniega, L. T., Arroyo, J. A., Miller, W. R., & Tonigan, J. S. (1996). Alcohol, drug use and consequences among Hispanics seeking treatment for alcohol-related problems. Journal of Studies on Alcohol, *57*, 613-618.
- E-027 White, R. E., Luckie, L. F., & Miller, W. R. (1996). Suppose they offered an alcohol abuse intervention, and no one came. Federal Practitioner, *13*, 51-57. **(REFERENCE ONLY)**
- E-028 New Mexico Department of Health and CASAA/UNM (1996). New Mexico survey of gambling behavior.
- E-029 Marshe, T., & Miller, W. R. (1997). Extraversion predicts heavy drinking in college students. Personality and Individual Differences, *23*, 153-155.
- E-030 Pritchard, H. E., Wolfe, B. L., Waldron, D. J., & Miller, W. R. (1997). What services are being offered by whom? A survey of substance abuse programs in New Mexico. Alcoholism Treatment Quarterly, *15*, 47-61.
- E-031 Project MATCH Research Group (1997). Matching alcoholism treatments to client heterogeneity: Project MATCH posttreatment drinking outcomes. Journal of Studies on Alcohol, *58*, 7-29.
- E-032 Project MATCH Research Group (1997). Project MATCH secondary a priori hypotheses (Research Report). Addiction, *92*, 1671-1698.
- E-033 Project MATCH Research Group (1998). Therapists effects in three treatments for alcohol problems. Psychotherapy Research, *8*, 455-474.
- E-034 Westerberg, V. S., Miller, W. R., Harris, R. J., & Tonigan, J. S. (1998). The topography of relapse in clinical samples. Addictive Behaviors, *23*, 325-337.
- E-035 Brown, J. M., Ashcroft, F. G., Miller, W. R. (1998). Purpose in life among alcoholics: A comparison of three ethnic groups. Alcoholism Treatment Quarterly, *16*(3), 1-11.
- E-036 Handmaker, N. S., Miller, W. R., & Manicke, M. (1999). Findings of a pilot study of motivational interviewing with pregnant drinkers. Journal of Studies on Alcohol, *60*, 285-287.
- E-037 Meyers, R. J., Miller, W. R., Hill, D. E., Tonigan, J. S. (1999). Community reinforcement and family training (CRAFT): Engaging unmotivated drug users in treatment. Journal of Substance Abuse, *10*(3), 291-308.
- E-038 Miller, W. R., Meyers, R. J., & Tonigan, J. S. (1999). Engaging the unmotivated in treatment for alcohol problems: A comparison of three intervention strategies. Journal of Consulting and Clinical Psychology, *67*, 688-697.
- E-039 Tonigan, J. S., Miller, W. R., Connors, G. J. (2000). Project MATCH client impressions about alcoholics anonymous: Measurement issues and relationships to treatment outcome. Alcoholism Treatment Quarterly, *18*, 25-41.

- E-040 Westerberg, V. S., Miller, W. R., & Tonigan, J. S. (2000). Comparison of outcomes for clients in randomized vs. open trials of treatment for alcohol disorders. Journal of Studies on Alcohol, *61*, 720-727.
- E-041 Noonan, W. C., Miller, W. R., & Feeney, D. M. (2000). Dextromethorphan abuse among youth. ARCH FAM MED, *9*, 791-792. **(REFERENCE ONLY)**
- E-042 Miller, W. R., Toscova, R. T., Miller, J. H., & Sanchez, V. (2000). A theory-based motivational approach for reducing alcohol/drug problems in college. Health Education & Behavior, *27*(6), 744-759.
- E-043 Miller, W. R., Walters, S. T., Bennett, M. E. (2001). How effective is alcoholism treatment? Journal of Studies on Alcohol, *62*(2), 211-220.
- E-044 Venner, K. L., & Miller, W. R. (2001). Progression of alcohol problems in a Navajo sample. Journal of Studies on Alcohol, *62*(2), 158-165.
- E-045 Miller, W. R., & Mount, K. A. (2001). A small study of training in motivational interviewing: Does one workshop change clinician and client behavior? Behavioural and Cognitive Psychotherapy, *29*, 457-471.
- E-046 Meyers, R. J., Miller, W. R., Smith, J. E., & Tonigan, J.S. (2002). A randomized trial of two methods for engaging treatment-refusing drug users through concerned significant others. Journal of Consulting and Clinical Psychology, *70*, 1182-1185.
- E-047 Miller, W. R., Yahne, C. E., & Tonigan, J. S. (2003). Motivational interviewing in drug abuse services: A randomized trial. Journal of Consulting and Clinical Psychology, *71*(4), 754-763.
- E-048 The COMBINE Study Research Group. (2003). Testing combined pharmacotherapies and behavioral interventions for alcohol dependence (The COMBINE Study): A pilot feasibility study. Alcoholism: Clinical and Experimental Research, *27*(7), 1123-1131.
- E-049 Amrhein, P. C., Miller, W. R., Yahne, C. E., Palmer, M., & Fulcher, L. (2003). Client commitment language during motivational interviewing predicts drug use outcomes. Journal of Consulting and Clinical Psychology, *71*(5), 862-878.
- E-050 Miller, W. R., & Anderson, R. E. (2003). Impact of a faculty development program in Addiction Psychology. Journal of Teaching in the Addictions, *2*(2), 1-15.
- E-051 Miller, W. R., Yahne, C. E., Moyers, T. B., Martinez, J., & Pirritano, M. (2004). A randomized trial of methods to help clinicians learn motivational interviewing. Journal of Consulting and Clinical Psychology, *72*(6), 1050-1062.

## **LITERATURE REVIEWS AND THEORETICAL PAPERS**

- L-001 Miller, W. R. (1985). Motivation for treatment: A review with special emphasis on alcoholism. Psychological Bulletin, *98*, 84-107.
- L-002 Miller, W. R., & Hester, R. K. (1986). Inpatient alcoholism treatment: Who benefits? American Psychologist, *41*, 794-805.
- L-003 Miller, W. R. (1990). Spirituality: The silent dimension in addiction research. The 1990 Leonard Ball oration. Drug and Alcohol Review, *3*, 259-266.
- L-004 Holder, H., Longabaugh, R., Miller, W. R., & Rubonis, A. V. (1991). The cost effectiveness of treatment for alcoholism: A first approximation. Journal of Studies on Alcohol, *52*, 517-540.

- L-005 Miller, W. R., & Brown, J. M. (1991). Self-regulation as a conceptual basis for the prevention and treatment of addictive behaviours. In N. Heather, W. R. Miller, & J. Greeley (Eds.), Self-control and the addictive behaviours (pp. 3-79). Sydney: Maxwell Macmillan Publishing Australia.
- L-006 Miller, W. R. (1992). The evolution of treatment for alcohol problems since 1945. In P. G. Erickson & H. Kalant (Eds.), Windows on science: 40th anniversary scientific lecture series (pp. 107-124). Toronto: Addiction Research Foundation. **(REFERENCE ONLY)**
- L-007 Bien, T. H., Miller, W. R., & Tonigan, J. S. (1993). Brief interventions for alcohol problems: A review. British Journal of Addiction, 88, 315-336. **Also includes:** (1995). Letters to the Editor. Addiction, 90, 1117-1121.
- L-008 Miller, W. R. (1993). Alcoholism: Toward a better disease model. Psychology of Addictive Behaviors, 7, 129-136.
- L-009 Miller, W. R., Brown, J. M., Simpson, T. L., Handmaker, N. S., Bien, T. H., Luckie, L. F., Montgomery, H. A., Hester, R. K., & Tonigan, J. S. (1995). What works? A methodological analysis of the alcohol treatment outcome literature. In R. K. Hester & W. R. Miller (Eds.), Handbook of alcoholism treatment approaches (2nd ed.) (pp. 12-44). Needham Heights, MA: Allyn & Bacon.
- L-010 Tonigan, J.S., Toscova, R., & Miller, W.R. (1996). Meta-analysis of the literature on alcoholics anonymous: Sample and study characteristics moderate findings. Journal of Studies on Alcohol, 57, 65-72.
- L-011 Viets, V. C. L., & Miller, W. R. (1997). Treatment approaches for pathological gamblers. Clinical Psychology Review, 17, 689-702.
- L-012 Miller, W. R. (1998). Why do people change addictive behavior? The 1996 H. David Archibald Lecture. Addiction, 93, 163-172.
- L-013 Miller, W. R. (1998). Researching the spiritual dimensions of alcohol and other drug problems. Addiction, 93, 979-990.
- L-014 Miller, W. R. (2000). Rediscovering fire: Small interventions, large effects. Psychology of Addictive Behaviors, 4, 6-18.
- L-015 Smith, J. E., Meyers, R. J., & Miller, W. R. (2001). The community reinforcement approach to the treatment of substance use disorders. The American Journal on Addictions, 10(Suppl.), 51-59.
- L-016 Miller, W. R., & Wilbourne, P. L. (2002). Mesa Grande: A methodological analysis of clinical trials of treatments for alcohol use disorders. Addiction, 97, 265-277.
- L-017 Miller, W. R., & Thoresen, C. E. (2003). Spirituality, religion, and health. American Psychologist, 58, 24-35.

## **TRAINING MATERIALS, THERAPIST GUIDELINES**

### **Motivational Interviewing**

**NOW ON  
DVD!**

VIDEOTAPES (A-F): *1998 Motivational Interviewing Professional Training Videotape Series* – DVD (2-disk) - (complete sets only)

- T-001 VIDEOTAPE (1): *Motivational Interviewing (1989)*. [Clinical demonstration videotape by Dr. Miller.]
- T-002 Miller, W. R. (1995). *Motivational enhancement therapy with drug abusers (Manual)* [A clinical research guide for therapists in applying Motivational Enhancement Therapy (MET) with drug abusers. This document is an adaptation and extension on the Project MATCH MET therapist manual.]
- T-003 SPANISH VIDEOTAPE(1): *La Entrevista Motivacional: Preparación para el Cambio (2002)*. [Dirigido por Carolina Yahne, Ph.D., con la colaboración de William R. Miller.] Entrenamiento dura 90 minutos.
- T-004 SPANISH DVD (1): *La Entrevista Motivacional: Preparación para el Cambio (2002)*. [Dirigido por Carolina Yahne, Ph.D., con la colaboración de William R. Miller.]

### **Comprehensive Drinker Profile**

- T-005 VIDEOTAPE (1): *The Comprehensive Drinker Profile (1989)*. [Training tape, demonstrating the CDP interview by Dr. Miller.]

### **Behavioral Self-Control Training ("Controlled Drinking")**

- T-006 Therapist guidelines and materials (for use with B-002)
- T-007 Behavioral Self-control Training for Problem Drinkers. [Cassette tape by Dr. Miller (1981) Introduction to self-control training for professionals.]

### **Overcoming Nightmares**

- T-008 Therapist guidelines.

### **Counseling Skills and Crisis Interventions**

- T-009 "Lifeline" trainee's manual for workshop on basic empathy skills and crisis intervention procedures; designed originally for telephone crisis counselors.





Center on Alcoholism, Substance Abuse and Addictions (CASAA)  
MSC 11 6280  
1 University of New Mexico  
Albuquerque, NM 87131-0001  
Phone: (505) 925-2378  
Fax : (505) 925-2379

Thank you for your request for information regarding **Form 90** and/or the **Drinker Inventory of Consequences**. Both of these instruments are fully documented in test manuals published by the National Institute on Alcohol Abuse and Alcoholism (NIAAA).\* Photocopies are available for purchase through this office (photocopying costs). The proper citations are:

- A-015 Miller, W. R., Tonigan, J. S., & Longabaugh, R. (1995). The Drinker Inventory of Consequences (DrInC): An instrument for assessing adverse consequences of alcohol abuse. Test Manual. (Volume 4, Project MATCH Monograph Series). Rockville, MD: NIAAA.
- A-016 Miller, W. R. (1996). Manual for Form 90: A structured assessment interview for drinking and related behaviors. (Volume 5, Project MATCH Monograph Series). Rockville, MD: NIAAA.

Other manuals available for purchase through the **Government Printing Office** are:

**Stock No: Price: Manual:**

- |                 |         |                                                                                                                                                                                                                                     |
|-----------------|---------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 017-024-01596-2 | \$12.00 | Nowinski, J., Baker, S., Carroll, K. (1995). <u>Twelve Step Facilitation Therapy Manual.</u> (Volume 1, Project MATCH Monograph Series). Rockville, MD: NIAAA. (Reprinted)                                                          |
| 017-024-01597-1 | \$12.00 | Miller, W. R., Zweben, A., DiClemente, C. C., Rychtarik, R. G. (1992). <u>Motivational Enhancement Therapy Manual.</u> (Volume 2, Project MATCH Monograph Series). Rockville, MD: NIAAA.                                            |
| 017-024-01598-9 | \$ 9.50 | Kadden, R., Carroll, K., Donovan, D., Cooney, N., Monti, P., Abrams, D., Litt, M., & Hester, R. (1992). <u>Cognitive-Behavioral Coping Skills Therapy Manual.</u> (Volume 3, Project MATCH Monograph Series). Rockville, MD: NIAAA. |

For more information, or to place an order, please call:

**The Government Printing Office (202) 512-1800**

**\*For other NIAAA publications, please contact the following:**

**National Institute on Alcohol Abuse and Alcoholism  
Distribution Center  
P.O. Box 10686  
Rockville, MD 20849-0686  
Fax: (202) 842-0418  
Website: <http://www.niaaa.nih.gov>**



**MATERIALS LIST**  
**ORDER FORM**

**ASSESSMENT MATERIALS (A)**

\_\_\_ A-001 @ 1.25 = \_\_\_\_\_  
 \_\_\_ A-002 @ 1.25 = \_\_\_\_\_  
 \_\_\_ A-003 @ 2.25 = \_\_\_\_\_  
 \_\_\_ A-004 @ 1.50 = \_\_\_\_\_  
 \_\_\_ A-005 @ .75 = \_\_\_\_\_  
 \_\_\_ A-006 @ .50 = \_\_\_\_\_  
 \_\_\_ A-007 @ 1.00 = \_\_\_\_\_  
 \_\_\_ A-008 @ 25.00 = \_\_\_\_\_  
 \_\_\_ A-009 @ 3.15 = \_\_\_\_\_  
 \_\_\_ A-010 @ 1.00 = \_\_\_\_\_  
 \_\_\_ A-011 @ 2.25 = \_\_\_\_\_  
 \_\_\_ A-012 @ 2.75 = \_\_\_\_\_  
 \_\_\_ A-013 @ 1.75 = \_\_\_\_\_  
 \_\_\_ A-014 @ .50 = \_\_\_\_\_  
 \_\_\_ A-015 @ 8.50 = \_\_\_\_\_  
 \_\_\_ A-016 @ 10.50 = \_\_\_\_\_  
 \_\_\_ A-017 @ .75 = \_\_\_\_\_  
 \_\_\_ A-018 @ 1.75 = \_\_\_\_\_  
 \_\_\_ A-019 @ 1.25 = \_\_\_\_\_  
 \_\_\_ A-020 @ 1.00 = \_\_\_\_\_  
 \_\_\_ A-021 @ 1.75 = \_\_\_\_\_  
 \_\_\_ A-022 @ .75 = \_\_\_\_\_  
 \_\_\_ A-023 @ 2.25 = \_\_\_\_\_  
 \_\_\_ A-024 @ 2.25 = \_\_\_\_\_  
 \_\_\_ A-025 @ 1.25 = \_\_\_\_\_  
 \_\_\_ A-026 @ 2.25 = \_\_\_\_\_

(A) TOTAL = \_\_\_\_\_

**BOOKS (B)**

\_\_\_ B-001 @ 26.00 = \_\_\_\_\_  
 \_\_\_ B-002 (Not available)  
 \_\_\_ B-003 @ 5.00 = \_\_\_\_\_  
 \_\_\_ B-004 (Not available)  
 \_\_\_ B-005 @ 70.00 = \_\_\_\_\_  
 \_\_\_ B-006 @ 54.50 = \_\_\_\_\_  
 \_\_\_ B-007 @ 4.00 = \_\_\_\_\_  
 \_\_\_ B-008 @ 23.95 = \_\_\_\_\_  
 \_\_\_ B-009 @ 49.95 = \_\_\_\_\_  
 \_\_\_ B-010 @ 48.50 = \_\_\_\_\_  
 \_\_\_ B-011 (Not available)  
 \_\_\_ B-012 @ 50.00 = \_\_\_\_\_  
 \_\_\_ B-013 (Not available)  
 \_\_\_ B-014 (Not available)  
 \_\_\_ B-015 (Not available)  
 \_\_\_ B-016 @ 39.95(H)= \_\_\_\_\_  
 \_\_\_ B-017 @ 15.95(P)= \_\_\_\_\_  
                   35.00(H)= \_\_\_\_\_  
 \_\_\_ B-018 @ 35.00(H)= \_\_\_\_\_  
 \_\_\_ B-019 @ 57.00(H)= \_\_\_\_\_  
 \_\_\_ B-020 @ 16.95(P)= \_\_\_\_\_

(B) TOTAL = \_\_\_\_\_

**CLINICAL PUBLICATIONS(C)**

\_\_\_ C-001 @ 1.25 = \_\_\_\_\_  
 \_\_\_ C-002 @ .75 = \_\_\_\_\_  
 \_\_\_ C-003 @ .75 = \_\_\_\_\_  
 \_\_\_ C-004 @ .25 = \_\_\_\_\_  
 \_\_\_ C-005 @ 1.00 = \_\_\_\_\_  
 \_\_\_ C-006 (ref. Only)  
 \_\_\_ C-007 @ 1.75 = \_\_\_\_\_  
 \_\_\_ C-008 @ .25 = \_\_\_\_\_  
 \_\_\_ C-009 @ .75 = \_\_\_\_\_  
 \_\_\_ C-010 (ref. only)  
 \_\_\_ C-011 @ 2.00 = \_\_\_\_\_  
 \_\_\_ C-012 @ .50 = \_\_\_\_\_  
 \_\_\_ C-013 @ 1.00 = \_\_\_\_\_  
 \_\_\_ C-014 @ 1.00 = \_\_\_\_\_  
 \_\_\_ C-015 @ 1.00 = \_\_\_\_\_  
 \_\_\_ C-016 @ 1.50 = \_\_\_\_\_  
 \_\_\_ C-017 @ .75 = \_\_\_\_\_  
 \_\_\_ C-018 @ .75 = \_\_\_\_\_  
 \_\_\_ C-019 @ 1.25 = \_\_\_\_\_  
 \_\_\_ C-020 @ .75 = \_\_\_\_\_  
 \_\_\_ C-021 @ 2.50 = \_\_\_\_\_  
 \_\_\_ C-022 @ 1.00 = \_\_\_\_\_

(C) TOTAL = \_\_\_\_\_

**DESIGN & METHODOLOGY (D)**

\_\_\_ D-001 @ .75 = \_\_\_\_\_  
 \_\_\_ D-002 @ 1.75 = \_\_\_\_\_  
 \_\_\_ D-003 @ .75 = \_\_\_\_\_  
 \_\_\_ D-004 @ 2.25 = \_\_\_\_\_  
 \_\_\_ D-005 @ 2.25 = \_\_\_\_\_  
 \_\_\_ D-006 @ .75 = \_\_\_\_\_  
 \_\_\_ D-007 @ 3.00 = \_\_\_\_\_  
 \_\_\_ D-008 @ 1.00 = \_\_\_\_\_

(D) TOTAL = \_\_\_\_\_

**EMPIRICAL STUDIES (E)**

\_\_\_ E-001 @ 1.50 = \_\_\_\_\_  
 \_\_\_ E-002 @ 1.25 = \_\_\_\_\_  
 \_\_\_ E-003 @ 1.25 = \_\_\_\_\_  
 \_\_\_ E-004 @ .75 = \_\_\_\_\_  
 \_\_\_ E-005 @ 1.00 = \_\_\_\_\_  
 \_\_\_ E-006 @ .75 = \_\_\_\_\_  
 \_\_\_ E-007 @ .75 = \_\_\_\_\_  
 \_\_\_ E-008 @ .75 = \_\_\_\_\_  
 \_\_\_ E-009 @ .75 = \_\_\_\_\_  
 \_\_\_ E-010 @ 1.00 = \_\_\_\_\_  
 \_\_\_ E-011 @ .75 = \_\_\_\_\_  
 \_\_\_ E-012 @ 1.25 = \_\_\_\_\_  
 \_\_\_ E-013 @ 1.25 = \_\_\_\_\_  
 \_\_\_ E-014 @ .50 = \_\_\_\_\_  
 \_\_\_ E-015 @ 1.25 = \_\_\_\_\_  
 \_\_\_ E-016 @ .75 = \_\_\_\_\_  
 \_\_\_ E-017 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-018 @ .75 = \_\_\_\_\_  
 \_\_\_ E-019 @ 1.25 = \_\_\_\_\_  
 \_\_\_ E-020 @ 1.00 = \_\_\_\_\_  
 \_\_\_ E-021 @ 3.25 = \_\_\_\_\_  
 \_\_\_ E-022 @ 1.75 = \_\_\_\_\_  
 \_\_\_ E-023 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-024 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-025 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-026 @ 1.25 = \_\_\_\_\_  
 \_\_\_ E-027 (ref. only)

\_\_\_ E-028 @ 2.50 = \_\_\_\_\_  
 \_\_\_ E-029 @ 1.50 = \_\_\_\_\_  
 \_\_\_ E-030 @ 1.00 = \_\_\_\_\_  
 \_\_\_ E-031 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-032 @ 1.75 = \_\_\_\_\_  
 \_\_\_ E-033 @ 1.75 = \_\_\_\_\_  
 \_\_\_ E-034 @ 1.00 = \_\_\_\_\_  
 \_\_\_ E-035 @ .75 = \_\_\_\_\_  
 \_\_\_ E-036 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-037 @ 2.95 = \_\_\_\_\_  
 \_\_\_ E-038 @ .75 = \_\_\_\_\_  
 \_\_\_ E-039 @ 1.00 = \_\_\_\_\_  
 \_\_\_ E-040 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-041 (ref. only)  
 \_\_\_ E-042 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-043 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-044 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-045 @ 2.25 = \_\_\_\_\_  
 \_\_\_ E-046 @ .75 = \_\_\_\_\_  
 \_\_\_ E-047 @ 2.75 = \_\_\_\_\_  
 \_\_\_ E-048 @ 3.00 = \_\_\_\_\_  
 \_\_\_ E-049 @ 1.50 = \_\_\_\_\_  
 \_\_\_ E-050 @ 2.00 = \_\_\_\_\_  
 \_\_\_ E-051 @ 1.00 = \_\_\_\_\_

(E) TOTAL = \_\_\_\_\_

-over-

SUBTOTAL PAGE 1 = \_\_\_\_\_  
(A,B,C,D,E)

LITERATURE REVIEWS AND THEORETICAL PAPERS (L)

TRAINING MATERIALS, THERAPIST GUIDELINES (T)

- \_\_\_ L-001 @ 1.75 = \_\_\_\_\_
- \_\_\_ L-002 @ 1.50 = \_\_\_\_\_
- \_\_\_ L-003 @ .75 = \_\_\_\_\_
- \_\_\_ L-004 @ 2.25 = \_\_\_\_\_
- \_\_\_ L-005 (ref. only)
- \_\_\_ L-006 (ref. Only)
- \_\_\_ L-007 @ 1.75 = \_\_\_\_\_
- \_\_\_ L-008 @ 1.25 = \_\_\_\_\_
- \_\_\_ L-009 @ 2.25 = \_\_\_\_\_
- \_\_\_ L-010 @ 2.25 = \_\_\_\_\_
- \_\_\_ L-011 @ 4.25 = \_\_\_\_\_
- \_\_\_ L-012 @ 1.50 = \_\_\_\_\_
- \_\_\_ L-013 @ 1.50 = \_\_\_\_\_
- \_\_\_ L-014 @ 1.00 = \_\_\_\_\_
- \_\_\_ L-015 @ 1.25 = \_\_\_\_\_
- \_\_\_ L-016 @ 3.25 = \_\_\_\_\_
- \_\_\_ L-017 @ 1.00 = \_\_\_\_\_

- \_\_\_ 1998 MI Videotape Series.  
Also available in DVD.  
(Order form attached)
- \_\_\_ T-001 @ 25.00 = \_\_\_\_\_
- \_\_\_ T-002 @ 7.25 = \_\_\_\_\_
- \_\_\_ T-003 @ 25.00(VHS)= \_\_\_\_\_
- \_\_\_ T-004 @ 25.00(DVD)= \_\_\_\_\_
- \_\_\_ T-005 @ 25.00 = \_\_\_\_\_
- \_\_\_ T-006 @ 1.50 = \_\_\_\_\_
- \_\_\_ T-007 @ 5.00 = \_\_\_\_\_
- \_\_\_ T-008 @ 1.25 = \_\_\_\_\_
- \_\_\_ T-009 @ 3.75 = \_\_\_\_\_

(L) TOTAL = \_\_\_\_\_

(T) TOTAL = \_\_\_\_\_

SUBTOTAL PAGE 2 = \$ \_\_\_\_\_  
(L and T)

\*\*\*\*\*

TOTAL PAGE 1 = \$ \_\_\_\_\_

TOTAL PAGE 2 = \$ \_\_\_\_\_

SUBTOTAL = \$ \_\_\_\_\_

[Calculate correct postage - check one - list amount]:

- \_\_\_ Within US, Priority (Add 10%)
- \_\_\_ Canada, Air Post (Add 20%)
- \_\_\_ Other Nations, Air Post (Add 40%)

POSTAGE = \$ \_\_\_\_\_

TOTAL = \$ \_\_\_\_\_

**METHOD OF PAYMENT:** (Check one) **\*\*PRE-PAYMENT IS REQUIRED\*\***

Enclosed Check/Money Order (US dollars only) made payable to: **UNM-CASAA**

Please charge my: Visa or MasterCard

Card Acct. No: \_\_\_\_\_ Expires: \_\_\_\_ / \_\_\_\_

Cardholder Signature: \_\_\_\_\_

(Required - as it appears on card)

Ship to: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_

Date of order: \_\_\_\_/\_\_\_\_/2005

Telephone: \_\_\_\_\_

Address orders and correspondence to:

Delilah Yao ([dyao@unm.edu](mailto:dyao@unm.edu))  
UNM/CASAA\*  
MSC 11 6280  
1 University of New Mexico  
Albuquerque, NM 87131-0001 USA

Phone: (505) 925-2378  
Fax : (505) 925-2379

**(Requests by fax/mail only)**

# Motivational Interviewing

## Professional Training Videotape Series 1998 \*

William R. Miller, Ph.D.      Stephen Rollnick, Ph.D.

Directed by Theresa B. Moyers, Ph.D.

This series of videotapes, produced at the University of New Mexico, provides an introduction to motivational interviewing by the psychologists who developed it. The tapes are intended to be used as a resource in professional training, offering six hours of clear explanation and practical modeling of component skills. Because it is helpful to see how a method is practiced in various contexts, the tapes include clinical demonstrations of the skills of motivational interviewing, showing ten different therapists working with twelve clients who bring a variety of problems.

- A. **Introduction to Motivational Interviewing.** The introductory tape is a conversational interview with Bill Miller and Steve Rollnick, conducted in the summer of 1997 by Theresa Moyers. They review the background and current directions of motivational interviewing, explore its essential theoretical and conceptual underpinnings, and discuss its five basic principles. This is by no means a comprehensive introduction to motivational interviewing. Rather, it sets the context for the demonstration tapes that follow.
- B. **Phase 1: Opening Strategies.** This is the most complex of the tapes, and spans two cassettes. It is designed to illustrate the skills involved in the opening phase of motivational interviewing. Phase I focuses on identifying and strengthening the person's intrinsic motivation for change. It begins with the first contact and continues until the transition into Phase II, illustrated on Tape 6.
- C. **Handling Resistance.** Motivational interviewing includes a set of strategies for handling and decreasing resistance. The information presented in this videotape is particularly useful during Phase I, although the methods are applicable throughout counseling. The phenomenon of "resistance" is discussed, and various strategies are explained and demonstrated.
- D. **Feedback and Information Exchange.** One context in which motivational interviewing has been widely practiced is the "check-up" or feedback of assessment information. This specialized application involves much more talking on the part of the therapist, in that more information is being imparted to the client. How does one take this more active, information-giving role and still be consistent with the spirit of motivational interviewing? That is the focus of this tape.
- E. **Motivational Interviewing in Medical Settings.** A rapidly growing application of motivational interviewing is in general health-care settings. Here it is often necessary to compress the process of counseling into a shorter period of time. This tape explores how the spirit of motivational interviewing can be applied in busy health-care settings.
- F. **Phase 2: Moving Toward Action.** How do you know when to move from Phase 1 (building motivation for change) into Phase 2 (consolidating commitment to a change plan)? What counseling methods are used in Phase 2, and how do they differ from the opening strategies of motivational interviewing? That is the focus of the final tape in this series.

**\* Complete set of videotapes (A-F) also available in DVD (2-disk).**

**ORDER FORM***(This form for U.S. VHS and DVD)***1998 Motivational Interviewing  
Professional Training Videotape Series***(USA shipments - allow 2-3 weeks delivery)**(Out-of-country shipments - allow 3-4 weeks delivery)***Individual Videotapes:** *(not available in DVD)*

- |                                                  |                  |                  |             |
|--------------------------------------------------|------------------|------------------|-------------|
| A. Introduction to Motivational Interviewing     | (41 min.)        | \$ 25            | _____       |
| B. Phase 1: Opening Strategies:                  | Part 1 (39 min.) | Part 2 (51 min.) | \$ 35 _____ |
| C. Handling Resistance                           | (62 min.)        | \$ 25            | _____       |
| D. Feedback and Information Exchange             | (55 min.)        | \$ 25            | _____       |
| E. Motivational Interviewing in Medical Settings | (48 min.)        | \$ 25            | _____       |
| F. Phase 2: Moving Toward Action                 | (37 min.)        | \$ 25            | _____       |

When ordering videotapes A-F individually: **Subtotal :** \_\_\_\_\_

**Complete Sets Only - Discounted in VHS/DVD:**

- |                                                     |       |       |
|-----------------------------------------------------|-------|-------|
| _____ VHS Tapes A-F Complete set <i>(save \$70)</i> | \$ 90 | _____ |
| _____ DVD (2-disk) Complete set                     | \$ 90 | _____ |

[Calculate **Shipping & Handling** charges - check one - list amount]:

- Within US - Priority (Add 10%)  
 Canada, Air Post (Add 20%)  
 Other Countries, Air Post (Add 40%)

**SUBTOTAL:** \_\_\_\_\_**S & H charge:** \_\_\_\_\_**TOTAL (US):** \_\_\_\_\_**METHOD OF PAYMENT:** *(check one)***\*\*PRE-PAYMENT IS REQUIRED\*\***Enclosed is **Check/Money Order** (US dollars only) made payable to: **UNM/CASAA**Please charge my:  Visa  or  MasterCard

Card Acct. No: \_\_\_\_\_ Expires: \_\_\_\_/\_\_\_\_/\_\_\_\_

Cardholder Signature: \_\_\_\_\_

*(Required - as it appears on card)***SHIP TO:** (name) \_\_\_\_\_*(type or print clearly)*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_

Date of Order: \_\_\_\_/\_\_\_\_/\_\_\_\_ Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

**Send Order Form to:**

Delilah Yao (dyao@unm.edu)

Phone: (505) 925-2378

UNM/CASAA \*

Fax : (505) 925-2379

**(Fax/postal mail only)**

MSC11 6280, 1 University of New Mexico

Albuquerque, NM 87131-0001 USA

**For European Format, contact:**

Tom Barth

Phone: +47 55 90 8600

The Bergen Clinics Foundation, POB 297

Fax : +47 55 90 8610

N-5001 Bergen NORWAY

Email: [tfwb@online.no](mailto:tfwb@online.no)\* *The University of New Mexico, Center on Alcoholism Substance Abuse, and Addictions (UNM/CASAA)*

Office Use: Receiving Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Shipping Date: \_\_\_\_/\_\_\_\_/\_\_\_\_